

# Going Dutch

A scenic view of a Dutch canal. In the foreground, a black bicycle is parked on a paved path next to a railing. The railing is heavily decorated with vibrant pink and red flowers. The canal water is calm, reflecting the surrounding green trees and foliage. In the background, more trees line the opposite bank, and a few boats are visible in the distance. The overall atmosphere is peaceful and picturesque.

May 2015  
/ June

In  
this  
issue

Jet Lag  
It Takes a Village  
When Eating in Rio  
The Eternal Woman

American Women's Club of The Hague



# SALON SPA STORE



THE WHOLE BUILDING IS POWERED BY SOLAR ENERGY

The new building is around the corner from Hotel des Indes and a 5 min walk from the American Embassy.

DENNEWEG 56 TEL: 070- 3458442 WWW.AVEDATHEHAGUE.NL

## Going Dutch

May/June 2015



The AWC was well represented at the FAWCO Conference in March in Rome



Learn more about the Brazilian foods that former AWC Member Dena de Clute-Melancon is enjoying while living in Rio



Learn about the trials and tribulations Anne van Oorschot has faced while building a house from afar

## The Magazine of the American Women's Club of The Hague

5	Officers and Chairwomen
6	Amsterdam Jewish Quarter
8	Message from the Presidents
9	Installation of Officers
9	June General Meeting
10	Letter from the Editor
12	Membership
14	Ongoing Activities
18	One-of-a-Kind Activities
20	Tours
21	AWC's 85th Birthday
22	FAWCO Conference
26	Slate of Officers 2015-2016
28	Newcomer Activities
28	Women with Dutch Partners
30	Calendar
33	AWC and the Arts
34	Announcements
36	The Dutch Daily
38	When Eating in Rio
40	Heart Pillow Project
41	Volunteering at the AWC
42	Jet Lag
44	Memorial Day at Margraten
48	Building from a Distance
56	Classifieds
57	Index of Advertisers
57	Rates
58	Butterfly Garden





### AWC Clubhouse

Johan van Oldenbarneveltlaan 43  
2582 NJ Den Haag  
Tel: 070 350 6007  
info@awcthehague.org  
www.awcthehague.org

**Going Dutch Magazine**  
goingdutchmag@gmail.com

**Clubhouse Hours**  
Tuesday and Thursday  
10 a.m. - 2 p.m.  
Monday and Friday Closed

**Editor**  
Melissa White

**Design and Layout**  
Teresa Mahoney

**Cover Photo**  
Canal on Smidswater in The Hague in  
August 2014 by Veronica White

**Photography**  
Greetje Engelsman, Melissa White,  
Wikimedia Commons

**Advertising**  
Open

**Proofreaders**  
Celeste Brown, Debbie van Hees, Diane  
Schaap

**Contributors**  
Jane Choy, Trena Cormier, Jan de Vries,  
Johanna Dishongh, Linda Divon, Greetje  
Engelsman, Roberta Enschede, Becky  
Failor, Eileen Harloff, Sunita Menon, Sue  
Merrick, Rebecca Niles-Pourier, Emily van  
Eerten, Susan Yates-Brown

**Printer**  
www.dwcprint.nl

**Dues** (Effective 2015-2016)  
€ 110 per year (€ 55 after January 1)  
€ 90 business, professional  
€ 55 valid US military id  
€ 35 student  
Add € 15 new member registration fee

AWC Bank Account Number  
ABN-AMRO  
43.14.21.757  
IBAN: NL42ABNA0431421757  
KvK Den Haag  
40409274

**Deadlines:** Submissions are due no later than the last Monday of the month preceding the publication month. For example, for the Sept issue, submissions are due before Monday, July 27.

**Please Note:** Articles submitted to *Going Dutch* will be published subject to space limitations and editorial approval. All rights reserved; reprints only by written permission of the Editor. Please email to: goingdutchmag@gmail.com

**Legal Notice:** Articles in *Going Dutch* express the views and opinions of their authors alone, and not necessarily those of the AWC of The Hague, its Members or this publication.

## 2015-2016 AWC Officers

**President** Becky Failor  
awcthehague.president@gmail.com

**Vice President** Sue Merrick  
awcthehague.firstvp@gmail.com

**Treasurer** Jan de Vries  
awcthehague.finance@gmail.com

**Secretary** Sunita Menon  
awcthehague.secretary@gmail.com

**Community Development and Resource  
Officer** Karla Kahn  
awcthehague.waysandmeans@gmail.com

**Member and Club Administration  
Officer** Open  
awcthehague.2ndvp@gmail.com

**Communications Officer** Rebecca Fry  
awcthehague.communications@gmail.com

## Front Office

Siska Datema  
Becky Failor  
Rachel Kupperts  
Sue Merrick  
Melanie Stringfellow

## Committee Chairs

**Activities** Open  
**Assistant Treasurer** Rebecca Wood  
**At Home in Holland** Open  
**Board Advisor** Jessie Rodell  
**Caring Committee** Naomi Keip  
**Community Service Coordinator**  
Pamela Pruijs  
**FAWCO** Elizabeth Kennedy  
**Heart Pillow** Eileen Baker  
**Holiday Bazaar** Ginny Mees  
**Library** Laurie Martecchini  
**Kid's Club** Open  
**Membership Coordinator** Rebecca Niles  
-Pourier  
**Newcomers** Greetje Engelsman  
**Parliamentarian** Georgia Regnault  
**Philanthropic Fundraiser** Open  
**Programs** Mary Brotherton, Roberta  
Enschede  
**Public Relations** Loren Mealey  
**Tennis** Molly Boed  
**The Arts** Jane Choy  
**Tours** Open  
**Volunteer Coordinator** Open  
**Webmaster** Julie Otten  
**Website Assistant** Open  
**Women with Dutch Partners** Open

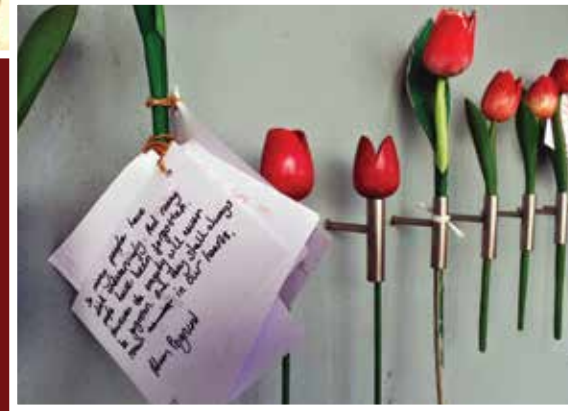
## AWC Purpose Statement

The AWC of The Hague is an association formed to provide social and educational activities for American women living in the Netherlands and to promote amicable relations among people of all nations as well as acquiring funds for general public interest. The association does not endeavor to make a profit.





Visiting  
Amsterdam's  
Historic Jewish  
Quarter





# Message from the Presidents

by Becky Failor, AWC President  
2015-2016

Eighty-five years and counting. Eighty-five years of counting! So amazing that for 85 years our AWC has been a group that thousands of women have counted on to make a difference in their lives and the lives of others. I feel a sense of awe and wonder when I think of all the good we have done, all the fun we have had and all the lives we have touched.

As I step into the role of your President, I wonder if the previous Presidents worried as I do that they could meet the needs of the Club. I am comforted that so many past Presidents remain active Members of our Club. They have offered their support and guidance. I am so grateful. I am also comforted that strong and capable women are beside me on the new Executive Board.

Your new Board (Vice President **Sue Merrick**, Treasurer **Jan de Vries**, Secretary **Sunita Menon**, Community Development and Resource Officer **Karla Khan** and Communications Officer **Rebecca Fry**) wants to ensure the AWC counts in your life. We want to have programs and activities that enrich your life. Tell us if you want something different or more of something we are already doing. Would you like more kids' events, evening events, day trips or international tours? Do you desire more philanthropic opportunities? Do you want more informative programs? Let us



by Linda Divon, AWC President  
2013-2015

As the American Women's Club of The Hague celebrates its 85th Birthday this year, it is my pleasure to congratulate and to welcome the new 2015-2016 Executive Board. With **Becky Failor** at the helm as President, together with her high-energy, dedicated Team and a supportive Membership, you can rest assured that the AWC will continue to go from strength to strength!

These past two years, though quite challenging at times, were just great! The Executive Board of 2015 has much to be proud of!

Our AWC Membership has continued to grow, now standing at 171 Members. The Club's ongoing diverse activities including new trips, tours and outings, brought eager and large Member participation. Our Membership initiated new projects and activities. We also now have more evening activities being offered to our working AWC Members.



The Board of 2015, with its vision towards the changing times, was able to move forward with a review of the Club's By-Laws and Constitution and together with some heated pro and con discussions, brought us to a Regular Membership vote for a revision of the AWC By-Laws and Constitution. We succeeded to bring the ratio of Associate Members to 40% of the Regular Membership with voting privileges for all Members as well as the opportunity for Associate Members to hold positions on the Executive Board.



# Installation of Officers

by Trena Cormier

Please join us for the Installation of Officers for the 2015-2016 AWC Executive Board. Veerle Coignez, the wife of Adam Sterling (Deputy Chief of Mission of the American Embassy in The Hague), has once again graciously offered her beautiful residence for this morning reception and ceremony.

Space is limited, so you **must RSVP** by Monday, May 18 at [www.groupspaces.com/AWCTheHague/item/962341](http://www.groupspaces.com/AWCTheHague/item/962341). The address will be provided to those registered. Our apologies, but childcare will not be available. **Thursday, May 21 10:30 a.m.**

In the AWC tradition, lunch (at own expense) will follow the Installation of Officers at a local restaurant to be announced through eNews. **Restaurant to be Announced 12:30 p.m.**



# June General Meeting

by Trena Cormier

Fellow AWC Member **Sara Darnell-McGee** is living in The Hague with her husband Gary, who is the Project Engineer for the new US Embassy. Sara will discuss how she and Gary grew up in Alaska, graduated from high school in 1972 and headed into the wilds at the age of 19 to "homestead." Sara later completed a Master's Degree in English Literature and became TESL (Teaching English as a Second Language) certified. She taught at the University of Alaska and worked for literacy non-profits for several years. She is currently participating in the Amsterdam Writing Project and is in the process of writing about her early years. Sara is happy to share some of this effort, talk about her experiences and answer questions.

Free babysitting will be available for children between six months and five years of age. Due to space restrictions, **only those with reservations will be accepted**. Please remember to contact the Front Office at 070 350 6007 or [awcthehague@gmail.com](mailto:awcthehague@gmail.com) before June 9 to reserve your place.

**Thursday, June 11**  
**Coffee and Newcomers Meet & Greet: 10 a.m.**  
**Meeting: 10:30 a.m.**  
**AWC Clubhouse**



# Ramblings from the Editor

by Melissa White

Big changes are brewing both at the AWC and in my personal life. At the Club, we will have fresh leadership as our new Executive Board is installed. It's hard to believe that **Becky Failor** will be the fourth AWC President that I've worked with since becoming Editor six years ago. Of course, I wish her the best of luck having to put up with me!

Hopefully you'll be thrilled to see lots of new and diverse activities planned for May and June (see page 18). It's also great to see all the new names on the list of Officers and Committee Chairs (see page 5). Unfortunately, there is still one 2015-2016 Executive Board position open. With no one volunteering to handle the day-to-day management of the Clubhouse, I can't help but wonder if we'll have to start bringing our own toilet paper and coffee when we visit. Of course, the Member and Club Administration Officer handles much more important duties than ensuring we never run out of toilet paper, but I thought this image might help encourage someone to step up (see page 41 for further opportunities to volunteer at the AWC).

On the home front, Veronica will finish her final high school exams in mid-May and then have four months to goof around before heading to the University of East Anglia (yes, she finally made a decision, although we won't actually know until early July if she received her targeted grades resulting in an acceptance from UEA). She plans to go to Scotland to go camping with a girl she met two years ago at Outward Bound and to Malia on the island of Crete with her classmates as a graduation trip. When I told my friend in the US about the Crete trip she asked if any adults were going to chaperone. Guess she forgot that most high school graduates are

adults! I haven't told her about the camping trip yet; can't even begin to imagine what a slacker mother she'll think I am for allowing Veronica to go backcountry camping with just one other girl along. I also can't imagine what it will be like in our home once Veronica isn't there on a daily basis.

Changes are also on the horizon for my husband, James. As he comes upon his tenth anniversary in the defense industry (excluding his previous five years in the US Navy), he has decided to jump ship to the renewable energy management sector. In order to make this change, he's taking an executive management course at St. Gallen University in Switzerland which is spread out over 16 months. He hopes to make a job change in 2016, which could lead to big changes for the entire family.

In further exciting news, Ashlynn's been invited to model in Tokyo this summer. I don't want to get my hopes up too high as we don't have a signed contract at this point, but if all goes well, I'll actually be working on the September issue of *Going Dutch* from Japan as I will go along as her chaperone. Furthermore, if we can pull it off, James and Veronica would join us for a week, after having visited my family in California. Ashlynn's excited about the opportunity, but isn't as fond of the idea that she could be working while the rest of us explore Tokyo without her.

As for me, while I continue to manage my household, the tasks are forever changing. Right now I'm learning about UK student visas, Japanese work visas and Dutch multiple-entry visas. Lots of things are changing, but one thing is staying the same: **Teresa Mahoney** and I will again team up to bring you *Going Dutch* in the fall. Happy summer!

*Isn't it funny how day to day,  
nothing changes. But when  
you look back, everything is  
different.*

~ C.S. Lewis



*the Art of Seeing*

- eye examination
- prescription sunglasses
- prescription glasses
- contact lenses
- eye pressure

**Petros**  
THE HAGUE

Petros The Hague · Bankstraat 1x · 2585 EE · Den Haag  
070 3462503 · [www.petros-thehague.nl](http://www.petros-thehague.nl)



*Marcel Vermeulen*  
jeweler & goldsmith

Handmade 18CT white gold ring set with brilliant cut diamonds and 4.68CT tourmaline.

Prinsstraat 5, The Hague    0031 (0)70 345 33 33    [info@marcelvermeulen.com](mailto:info@marcelvermeulen.com)



# Membership

by Rebecca Niles-Pourier

## Membership Renewals

AWC Membership Dues for 2015-2016 Club Year are payable September 1 and will be effective until August 31, 2016. You are welcome to renew by electronic bank transfer over the summer to our bank account with IBAN: NL42ABNA0431421757 (be sure to include your name and Membership Dues in the notes) or pay by PIN at the Clubhouse. Dues remain the same as last year: € 110 for Regular and Associate Members, € 90 for Business Professionals, € 55 for Military (with valid military ID) or € 35 for Student Memberships (with valid student ID). Please note all renewals must

be received by September 30, 2015. Also if you are moving over the summer or your contact information changes, please let me know by emailing me at [awcthehague.membership@gmail.com](mailto:awcthehague.membership@gmail.com). Have a great summer!

## Welcome New Members!

Michelle Oliel

Gena Shikles

## Summer Birthdays

Mary Brotherton	May 2	Sue Merrick	July 14
Glenda Ohr	May 3	Jan de Vries	July 18
Julie Mowat	May 8	Allison Hamilton-Rohe	July 18
Julie van der Wolf	May 8	Marie Gwinn	July 19
Sally Myers	May 9	Joanne Owings	July 22
Mary Anayiotos	May 10	Christine Jackson	July 27
Susan McKinley	May 20	Kimberly Vered	July 27
Mina Senior-Faress	May 25	Liza Pritchard	July 28
Francesca van Duren	May 25	Mariam Raafat	July 28
Jan Pritchard	May 28	Susan Hodges	July 30
Marge MacPherson	May 31	Marie Hale	August 3
Sonja Kelle	June 1	Yoka van der Louw	August 6
Gena Shikles	June 9	Virginia Rempt	August 7
Susan Yates-Brown	June 17	Roberta Enschede	August 8
Barbara Fasting	June 18	Melissa White	August 15
Julie Schipper	June 20	Dominique Duysens	August 18
Elizabeth Kennedy	June 25	Lavinia Redman	August 23
Janet van der Laan	June 28	Johanna Dishongh	August 26
Helen Moran	June 29	Maria Etkind	August 26
Rebecca Wood	July 2	Leah Sheaffer	August 28
Kimberly Carlton	July 5	Santina Hovanessian	August 29
Melissa Caro	July 8	Karla Kahn	August 30
Audra White-van Mierlo	July 8	Rebecca Fry	August 31
		Dory Ritchie	August 31

bulthaup  
Zoetermeer



Purism. Sensuality. Intelligence.

To see what else bulthaup kitchens have to offer, contact your local retail partner at the Verbreepark, Benthuisen.



Keukenarchitectuur BDZ  
Verbreepark 27b, 2731 BR Benthuisen  
Tel. 079 3434234

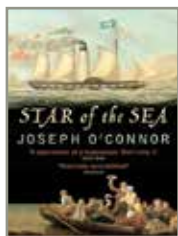
[www.zoetermeer.bulthaup.nl](http://www.zoetermeer.bulthaup.nl)

# Ongoing Activities

## Book Club: Daytime

The AWC Book Groups are open to all book lovers and are always open to new Members. There is no obligation to attend every meeting or lead a discussion. We take turns bringing a snack. If you've always wanted to try out a book club, you have two options per month. You can now register yourself for either (or both!) Book Clubs on the AWC *GroupSpaces.com* website. Any questions? Please email **Teresa Mahoney** for the daytime group or **Rebecca Fry** for the evening group at [awcthehague.bookclub@gmail.com](mailto:awcthehague.bookclub@gmail.com). Happy reading!

The May Daytime Book Group selection is *Star of the Sea* by Joseph O'Connor:



First published in the UK, this historical fiction novel was shortlisted for Irish Novel of the Year for 2002. Told as a personal account written by a *New York Times* reporter, it tells of the mayhem abroad the *Star of the Sea*, a sailing ship crossing from famine-torn Ireland to the "Promised Land" of New York during the bitter winter of 1847. The author paints a vivid picture of the rigors of life in Ireland in the mid-19th century while at the same time setting the scene for a thriller as a killer stalks the decks of the ship.

**Thursday, May 21**  
**10 a.m.**  
**AWC Clubhouse**  
**FREE**

The June Daytime Book Group selection is *Saturday* by Ian McEwan:

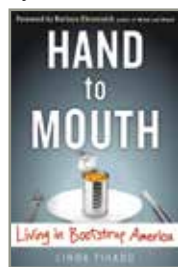


This novel by the bestselling author of *Atonement*, follows an ordinary man through a Saturday whose high promise gradually turns nightmarish. While 48-year-old neurosurgeon Henry sets off on errands in London, a large demonstration is taking place nearby

against the US invasion of Iraq in 2003. His day is further disrupted by a minor car accident and an encounter with a violent, troubled man.

**Thursday, June 25**  
**10 a.m.**  
**AWC Clubhouse**  
**FREE**

The July Daytime Book Group selection is *Hand to Mouth: Living in Bootstrap America* by Linda Tirado:



Linda Tirado, a married 32-year-old mother of two in Utah working two low-paying jobs, wrote a message in response to a question on an online forum: Why do poor people do things that seem so self-destructive? After her response went viral, she wrote this funny, sarcastic

and honest book which allows you to fully visualize life as a minimum wage worker. This promises to be quite eye-opening!

**Thursday, July 23**  
**10 a.m.**  
**AWC Clubhouse**  
**FREE**

The August Daytime Book Group selection is *The Girl on the Train* by Paula Hawkins:



While riding the train on her daily commute to London, Rachel sees something shocking. Reminiscent of Hitchcock's *Rear Window*, this psychological thriller features intersecting, overlapping, not-quite-what-they-seem lives. The narrative is split

between Rachel and two other women whose lives interlink tragically. Do you dare come along for this fast-paced ride?

**Thursday, August 27**  
**10 a.m.**  
**AWC Clubhouse**  
**FREE**

## Recap of the March Discussion

**The Good Lord Bird:** Too long by a third and relentlessly committed to the dialect-addled voice and childish perspective of the main character, this was a tiresome slog. The book inserts a fictional ten-year-old boy, forced by circumstances to dress as a girl, into the doleful militia of John Brown, the notorious abolitionist, in the four years leading up to Brown's raid on the Federal Armory at Harper's Ferry, West Virginia in 1859. Blending historical fiction and comedy, some of us hadn't realized it was supposed to be funny. "Who is this book for?" we asked ourselves and decided it might be a good fit for an adolescent boy with an interest in not particularly accurate history. Younger children would be upset by the violence, though we did concede the author held back on describing the gore that accompanies death by broadsword or disembowelment by pig. Not recommended.

## Daytime Book Club

### Planning Ahead:

Thursday, September 24 *After Birth* by Elisa Albert

## Evening Book Club

### Planning Ahead:

We won't meet in July and August. Fall dates still to be determined, but will likely remain on Wednesdays.

September: *All the Light We Cannot See* by Anthony Doerr

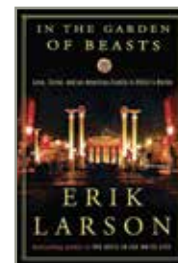
October: *The Light Between Oceans* by ML Stedman

November: *The Lives of Others* by Neel Mukherjee

December: *The Rise and Fall of Great Powers* by Tom Rachman

## Book Club: Evening

The May Evening Book Group selection is *In the Garden of Beasts* by Erik Larson:



This is a vivid portrait of Berlin during the first years of Hitler's reign, brought to life through the true stories of two people: William E. Dodd, who in 1933 became America's first ambassador to Hitler's regime, and his scandalously carefree daughter, Martha. Ambassador

Dodd is an odd fit among the extravagance of the Nazi elite; his growing misgivings about Hitler's ambitions fall on deaf ears among his peers. Martha, on the other hand, is mesmerized by the glamorous parties; her numerous affairs with the city's elite included the head of the Gestapo and a Soviet spy. Both become players in the terrifying story of Hitler's obsession for absolute power, which culminates in the events of one murderous night, later known as the "Night of Long Knives."

**Wednesday, May 20**  
**7:30 p.m.**  
**AWC Clubhouse**  
**FREE**

The June Evening Book Group selection is *Orfeo* by Richard Powers:



This novel tells the story of a man journeying into his past as he desperately flees the present. Composer Peter Els opens the door one evening to find the police on his doorstep. His home microbiology lab—the latest experiment in his life-long attempt to find music in surprising patterns—has

aroused the suspicions of Homeland Security. Panicked by the raid, Peter turns fugitive. Through the help of his ex-wife, daughter, and longtime collaborator, he hatches a plan to turn this disastrous collision with the security state into a work of art that will reawaken its audience to the sounds all around them.

**Wednesday, June 10**  
**7:30 p.m.**  
**AWC Clubhouse**  
**FREE**



# Ongoing Activities (cont.)

Continued from page 15

## Recap of the March Discussion

**The Bone Clocks:** If it wasn't weird, it wouldn't be a David Mitchell novel. We enjoyed and would recommend this book, though suspension of any intellectual or logical thought doubting the possibility of bodysnatching, immortality and time travel is crucial. A rousing read and love story crossing centuries and generations. Be on the lookout for a movie version in 2017.

## Chat, Crafts & Cake

Let's get creative! The AWC will be open to all crafters. If you've been looking for an open space large enough to lay out that king-size quilt, or need more table space to organize your photo albums or scrapbooks, or just need an excuse to stitch, pack up those supplies and bring them to the Clubhouse so you can chat with fellow AWC Members and visitors while you work. You might even be able to pick up some suggestions from a fresh pair of eyes. Each week, a different Member will bring a cake made from a never-before-tried recipe for tasting and critiquing. We're sorry, but babysitting is not available and thus we can't accommodate children. Questions? Contact: **Suzanne Dundas** at [awcthehague.crafts@gmail.com](mailto:awcthehague.crafts@gmail.com)

**Tuesdays**  
**10 a.m. – Noon**  
**AWC Clubhouse**  
**FREE**  
**Visitors Welcome**

## AWC Guest Policy

Guests are welcome to participate in AWC activities and tours on a limited basis. As a nonmember, a guest is limited to attend two functions per calendar year and will be charged an additional nonmember fee. Only Members are entitled to use babysitting services.

## Dinner Club

Sign up on [GroupSpaces.com](http://GroupSpaces.com) to share dinner at home with AWC friends and spouses/partners. **Rebecca Niles-Pourier** will set the dates, place couples (or individuals) randomly, and assign the hostess. Then each hostess will set a theme and guests will be asked to prepare a dish. For example, if the theme is Italian, then one person might bring antipasto, one brings bread, one brings Italian wine, etc. The hostess may choose to cook the main course or do it all, but then you might be asked to contribute some money towards the cost. It will be up to each hostess how they want to structure the meal. You may be asked to host one dinner for eight, six or four guests (depending on your space at home) and then you will be a guest at someone else's home the next time. This is a fun way to share an evening with new AWC friends while enjoying a great dinner! Contact Rebecca at [awcthehague.wwdp@gmail.com](mailto:awcthehague.wwdp@gmail.com) to join in the fun.

**Saturday, June 20**  
**Locations and Meals Vary**  
**Sign-up deadline: June 13**

## Dutch Conversation Coffee

If you've had at least one beginner course in Dutch, here's the perfect opportunity to try to speak your new language in a safe environment. We will practice speaking Dutch over coffee with some of our Dutch Members on the 1st and 3rd Wednesdays of each month. This is not a class, but an informal opportunity to speak *Nederlands*. **Wednesdays, May 6 & 20 and June 3 & 17**

**10 – 11 a.m.**  
**Clubhouse**  
**FREE**

## Heart Pillow Project

The AWC is in its 7th year of making heart-shaped pillows to support the arms of breast cancer patients in local hospitals. Each pillow is made with tender loving care,

wrapped in a plastic bag tied with a beautiful bow and a message signed by a volunteer. No sewing skills are needed; just the ability to cut and stuff! What a wonderful way to meet new friends while contributing to a worthy cause. The emails we receive are so touching and show that women are linked everywhere to this terrible disease. We are proud to provide women with something not only practical, but comforting as well. If you can cut fabric, stuff fiberfill, thread a needle or tie a bow, we need you! No sign-up is necessary. For more information, contact **Eileen Baker** at [awcthehague.heartpillow@gmail.com](mailto:awcthehague.heartpillow@gmail.com).

**Tuesday, May 19**  
**Noon – 2 p.m.**  
**AWC Clubhouse**  
**FREE**  
**Visitors Welcome**

## Walkie Talkies

Taking a walk with friends is the perfect way to start your week! Join us for an energetic walk and talk. We meet in front of the Clubhouse each week and then walk to a variety of destinations between the beach, woods and city. Occasionally, we take longer walks which we announce on the AWC Facebook Group. Sign up for this group on [GroupSpaces.com](http://GroupSpaces.com) to get email updates or email **Greetje Engelsman** at [awcthehague.newcomers@gmail.com](mailto:awcthehague.newcomers@gmail.com) or **Emily van Eerten** at [awcthehague.fawco@gmail.com](mailto:awcthehague.fawco@gmail.com).

**Mondays**  
**9:30 a.m.**  
**FREE**

>> 46



## Cancellation Policy

Members may reserve a spot for an AWC tour, activity or event in advance. Payment is required within five business days of the reservation or before the deadline date (whichever is sooner) otherwise your name will be moved to a waitlist. It is the responsibility of the Member to notify the Club at [awcthehague.finance@gmail.com](mailto:awcthehague.finance@gmail.com) to cancel a reservation prior to the cancellation deadline. Please note that there will be NO REFUNDS (no exceptions) after the cancellation deadline. Members may find a substitute in lieu of cancellation provided that arrangements are made with the tour, activity or event organizer. Members shall be held responsible for their guest reservations in accordance with this policy.



AWC Members **Carol Sloopweg** and **Greetje Engelsman** have produced a pocket-sized booklet containing photos of Dutch vegetables, basic ingredients and cleaning products that is indispensable for newcomers to the Netherlands. To buy a copy, email [greetje.engelsman@gmail.com](mailto:greetje.engelsman@gmail.com)



# One-of-a-Kind Activities

by Becky Failor

## Ladies' Night Out: Cinco de Mayo



Cinco de Mayo—or the fifth of May—commemorates the Mexican army's 1862 victory over France at the Battle of Puebla during the Franco-Mexican War (1861-1867). While a relatively minor holiday in Mexico, Cinco de Mayo has evolved in the US into a celebration of Mexican culture and heritage. So let's get together and celebrate! Join us as we enjoy Mexican food and margaritas. All costs for food and drink will be paid individually at the restaurant. Register at [www.groupspaces.com/AWCTheHague/item/964238](http://www.groupspaces.com/AWCTheHague/item/964238) so we can book a big enough table.

**Tuesday, May 5  
7 p.m.**

**Popocatepetl (Popo) Restaurant  
Buitenhof 5, Den Haag  
Minimum 8**

## Museum Beelden aan Zee

Museum Beelden aan Zee (Museum Sculptures at Sea) in Scheveningen has the same shape as a shell. On the outside all you see is the light beige wall; not until you enter does the building designed by architect Wim Quist



**RSVP directly** on [AWC GroupSpaces.com](http://AWCGroupSpaces.com).

Direct any questions to [awcthehague.activities@gmail.com](mailto:awcthehague.activities@gmail.com). Payment must be made within 5 calendar days of reserving or your name will be moved to a waitlist. Payment can be made in the Front Office by PIN or by bank transfer to the AWC account NL42ABNA0431421757.

reveal itself. Every year the various halls and terraces accommodate exhibitions of modern international sculpture in a wide variety of materials and styles. There is a unique view of the sea from the sculpture terraces and the Sea Room.

We will have a guided tour through the three exhibitions: *Labor et Ars* (Mendes da Costa), the Artists *Kollektive Zimmer Frei* and photographer Maarten Brinkgreve ([www.beeldenaanzee.nl](http://www.beeldenaanzee.nl)). We will meet at the Museum at 10 a.m. for coffee (at own expense). For those interested, we will have lunch afterwards at a beach café (also at own expense). Register at [www.groupspaces.com/AWCTheHague/item/964675](http://www.groupspaces.com/AWCTheHague/item/964675). Questions? Contact **Greetje Engelsman** at [awcthehague.newcomers@gmail.com](mailto:awcthehague.newcomers@gmail.com)

**Wednesday, May 6**

**Guided Tour: 10:30 – 11:30 a.m.**

**Museum Beelden aan Zee  
Harteveltstraat 1, Den Haag  
€ 6 Members, (€ 7 nonmembers) PLUS  
Museum Entrance fee (€ 12 or free with  
Museumkaart)**

**Minimum 10 / Maximum 20**

**Cancellation deadline: May 1**

## High Tea

Everyone is welcome to join the AWC Walkie Talkies groups for high tea at a charming historical tea house surrounded by beautiful flowers, lakes and wooded walking paths. We will meet in the parking lot at the entrance of de Horsten park (parking is free,

but it is € 1 to enter the park, payable at the entrance) at 2:30 p.m., making our way to the tea house for our 3 p.m. reservation. Register at [www.groupspaces.com/AWCTheHague/item/964670](http://www.groupspaces.com/AWCTheHague/item/964670). Questions? Contact **Bronia Ichel** at [broniaichel@gmail.com](mailto:broniaichel@gmail.com)

**Wednesday, May 27**

**2:30 – 5 p.m.**

**Theepaviljoen de Horsten**

**Papeweg 36, Wassenaar**

**€ 28 Members (€ 32 nonmembers)**

**Maximum 20**

**Cancellation deadline: May 20**



## Delft Blue Mosaics

We're all familiar with the beautiful *Porceleyne Fles* from the Royal Delft Factory and may have a piece or two at home. Now you can make a mosaic with pieces of Delft Blue ceramics at a three-hour workshop taught by Heleen Kraaijveld at her home-based workspace. Heleen is a talented mosaic artist and will guide you as you create Dutch-themed artwork. She provides the ceramics, adhesives, tools and snacks. Heleen will also grout your piece after the workshop; you can pick up your finished piece a >>47



**Optician with  
an eye for eyes**

Professional eye examination by certified optometrists. We offer well-trained and experienced personnel and high quality, individual eye care. Our prescription lenses are exclusively crafted by the German top of the line glass manufacturer, Carl Zeiss Vision.



**Graafstal optiek** LANGSTRAAT 129-131 WASSENAAR  
TEL: 070-5113456 INFO@GAAAFSTAL.NL WWW.GAAAFSTAL.NL



# Tours

by Becky Failor

RSVP directly on [AWC GroupSpaces.com](http://AWC GroupSpaces.com).  
Direct any questions to  
[awcthehague.tours@gmail.com](mailto:awcthehague.tours@gmail.com).

Payment for all Tours must be made within 5 calendar days of reserving or your name will be moved to a waitlist. Payment can be made in the Front Office by PIN or by bank transfer to the AWC account NL42ABNA0431421757.

## Amersfoort

Amersfoort is the second largest city in the Province of Utrecht. This ancient city center retains much of its medieval origins. The charming *muurhuizen* (wall houses) are built on the foundations of the city wall. Two of the ancient town gates remain. The church associated with the gothic tower Onze Lieve Vrouwetoren (Tower of Our Lady) was destroyed by a gunpowder explosion in the 18th century, now with only the outline of the former walls visible in the square. The tower, dating to approximately 1470, houses the *carillon* (a musical instrument consisting of at least 23 bronze bells) used by the students of the unique Netherlands Carillon School.

We will meet at Starbucks at Den Haag Centraal Station (DHCS) at 9 a.m. to take the train to Amersfoort (bring your OV-chipkaart). We will meet our guides and have a special tour of the inside of the Koppelpoort, a medieval gate dating from 1425 that combines both land- and water-gates. After lunch (at own expense), we will have a guided walking tour of the old city center. Tour prices are still being finalized, but should be less than € 15. See [www.groupspaces.com/AWCTheHague/item/964169](http://www.groupspaces.com/AWCTheHague/item/964169) for additional details.

**Friday, June 12**

**Meet at DHCS at 9 a.m.**



## Strength of a Woman Tour: Rwanda

FAWCO's Human Rights Task Force invites all AWC Members to experience Rwanda. Since the genocide that tore Rwanda apart 20 years ago, this tiny African country has become a model for the involvement of women in all levels of government. Women have been at the heart of the country's recovery. Although 60% of the Rwandan Parliament is made up of women, violations of their human rights are still an issue for many Rwandan women. Therese Hartwell, chair of the Women, Peace and Conflict Committee of FAWCO's Human Rights Task Force, visited Rwanda in September 2014 on a Friendship Tour. Her experience led to organizing and leading this educational trip for FAWCO Members to learn about women's leadership, women's rights, and what women's organizations are doing in this fascinating country.

The trip is scheduled for October 25 – November 1 with optional add-ons before and after the main trip. Full details including the itinerary and registration information is available at [www.fawco.org](http://www.fawco.org). Please email Therese Hartwell at [peaceandconflict@fawco.org](mailto:peaceandconflict@fawco.org) with any questions.



## 85 & Counting Anniversary Benefit

Saturday, May 9, 6 p.m.

Nieuwspoor  
Lange Poten 10, Den Haag

For tickets and information  
Contact: [awc85th@gmail.com](mailto:awc85th@gmail.com)



## 85 & Counting Beneficiaries

The American Women's Club of The Hague has an 85 year history of philanthropy, whereby we have touched and improved lives in our community of The Hague and beyond. The tradition of giving back has been the primary focus of our organization since its inception and continues to this day. Since 2002 alone, our charity galas have donated over 1 million to our beneficiaries. Our 85 & Counting Anniversary Benefit will support the following organizations:

**Hulphond** provides and trains therapy dogs to help children with autism, mental handicaps and/or severe behavioral problems learn to function better and communicate more clearly. Children develop emotionally, cognitively, and socially. They also learn to regulate aggression, feel more confident, and develop an improved sense of wellbeing. At the same time, children learn respect for authority figures. Your donation is linked to the training of our AWC sponsored puppy, Yankee, purchased from funds raised from our 2014 Hearts & Minds Gala. [www.hulphond.nl](http://www.hulphond.nl)



"Let Them Laugh" is dedicated to the most vulnerable children in the Netherlands, those living below the poverty line. **Laat ze Maar Lachen** treats children between the ages of four and twelve to a day of fun, whether it's a visit to a zoo or museum, to an amusement park, or to a hands-on crafts show. The organization is run entirely by volunteers and their families and is a registered Dutch ANBI. [www.laatzemaarlachen.com](http://www.laatzemaarlachen.com)

The **Lighthouse Special Education** is the only school of its kind in the Netherlands serving members of the international community whose children have special educational needs. Working in English and seeking advice and support from parents and educational institutions, Lighthouse Special Education offers a new chance for children with complex behavioral and/or developmental problems to be part of the community. [www.lighthouses.nl](http://www.lighthouses.nl)



AWC The Hague is a founding member of the Federation of American Women's Clubs Overseas (FAWCO), a Non-Governmental Organization (NGO) with special consultative status to the United Nations Economic and Social Council. FAWCO is a network of independent American and international volunteer organizations. In March 2014, FAWCO selected Free The Girls as their Target Project: Human Rights for Women. **Free The Girls** is a non-profit organization that provides job opportunities for survivors of sex trafficking in Mozambique, Uganda and El Salvador. The group donates gently used bras to rescued women as starting inventory for their own business selling the bras. [www.fawco.org](http://www.fawco.org) and [www.freethegirls.org](http://www.freethegirls.org)

American Women's Club of The Hague, Johan van Oldenbarneveltlaan 43, 2582 NJ The Hague 070 350 6007  
ABN AMRO Bank N.V.: NL42ABNA0431421757 t.a.v. 85 & Counting ANBI Fiscal number 0074.08.705  
KvK Den Haag 40409274 BTW or VAT: 007408705B01 [www.awcthehague.org](http://www.awcthehague.org)  
The American Women's Club of The Hague is a registered ANBI. Gifts and donations may be tax deductible.





## FAWCO Corner

by Emily van Eerten



*Federation of American Women's Clubs Overseas, a United Nations NGO with consultative status with the UN Economic and Social Council [www.fawco.org](http://www.fawco.org).*

### The Eternal Woman

FAWCO, the international umbrella organization for clubs like the AWC The Hague, held its 42nd Biennial Conference this year as a celebration of The Eternal Woman in the Eternal City of Rome. Although it is difficult to briefly capture the essence of what occurs at such a conference, you might get a sense of the vibrancy and intensity if you could imagine taking the programming of an entire club year, and compressing it into a four-day non-stop session with an intensified feeling of enlightenment, empowerment and energy.

This year, delegates from 42 FAWCO Clubs worldwide and 20 countries came together in Rome to learn about the extensive activities of FAWCO, FAWCO Foundation and FAUSA (FAWCO Alumnae USA) over the last year; to hear from keynote speakers on important issues such as human trafficking, He for She, and US Consular issues; and to meet with each other

to exchange ideas and successes and to brainstorm over club challenges. As in years past, AWC The Hague was well represented: **Becky Failor** (incoming AWC President), **Johanna Dishongh** (FAWCO Target Program Chair and incoming FAWCO 3rd Vice President), **Mary Adams** (FAWCO Club Workshops Coordinator and incoming FAWCO Foundation Vice President for Fundraising), **Celeste Brown** (FAWCO Nominating Committee Chair, FAWCO Region 4 Coordinator and former FAWCO President), **Georgia Regnault** (former FAWCO President), **Teresa Mahoney**, and myself (AWC FAWCO Rep and former FAWCO President). Former AWC Members in attendance included Leslie Collingridge (incoming FAWCO 2nd Vice President) and Judy Treanor (FAUSA).

FAWCO promotes four key concepts as the pillars of its organization:

- Support for US citizens abroad
- Active engagement internationally through its participation as an NGO with ECOSOC status at the United Nations Shared philanthropy led by the FAWCO Foundation and FAWCO Target Projects
- Member Club Development through networking and workshops designed to promote best practices

In keeping with these goals, FAWCO Delegates in Rome voted to approve four key **Resolutions and Recommendations for 2015-2017**, the main points of which are:

- To improve the lives of women and girls worldwide, especially in the areas of education, environment, health and human rights.

>>24





# FAWCO Corner (cont.)

Continued from page 23

- To advocate for the rights of US persons living overseas (US citizens and US permanent residents living abroad) and keep FAWCO Members informed on issues arising in the US which may impact US persons living overseas.
- To support, strengthen and expand the FAWCO network.
- To practice good global citizenship and create a better and more peaceful world.

## Keynote and Guest Speakers

The quality of the speakers and panelists at this conference was outstanding:

Many in our Club will remember **Michele Thoren Bond** who served as US Consul General for the Netherlands from 2003 – 2006. Now the Acting Assistant Secretary of State for Consular Affairs in Washington, DC, she addressed the opening session of the conference assuring delegates of the continuing commitment of the US government to help overseas US citizens as

quickly, efficiently and sympathetically as possible. From issues as routine as issuing of visas, passports and registration of births and deaths to the emergency work of helping in cases of parental abduction of children, there is someone at the end of the phone in every US Embassy 24/7.

**Linda Douglass**, wife of the US Ambassador to Italy and honorary president of the conference host club, is also a strategic communications consultant and former network news journalist. Ms. Douglass discussed the role of social media for increasing awareness on gender-based violence around the world, and highlighted how the US State Department Office of Global Women's Issues works together with countries around the world to address issues of abuse and killing of women. There are many governmental programs aimed at protecting women including the US Justice Department's Office on Violence Against Women; however, US statistics are still chilling when we look at the actual situation.

**Dr. Moez Doraid**, Director, Coordination Division of the UN Entity for Gender Equality and the Empowerment of Women, UN Women, is one of the key figures behind the current "He for She" campaign. Dr. Doraid defined challenges and goals for the future as decreasing violence against women, increasing political participation, closing the gender gap and eradicating absolute poverty. All of these issues require political commitment and accountability, increased private sector investment and a concerted role by contemporary society. He particularly encouraged men to acknowledge and take a stand when they are made aware of instances where they do have the long end of the stick and are the beneficiaries of unequal treatment. Husbands, brothers, and sons are encouraged to take the He for She pledge at [www.heforshe.org](http://www.heforshe.org).

**Cindy Hensley McCain**, Chairman of the Board of Trustees for the HALO Trust USA and Co-Chair of the Arizona Governor's Council on Human Trafficking (and wife of US Senator John McCain), shared her non-partisan passion and dedication to reducing human trafficking in Arizona, throughout the US and around the world as well as her work

to improve the lives of victims of human trafficking.

An Italian panel led by Tg1 Foreign Correspondent **Marilu Lucrezio** shared perspectives on the prevention of violence against women from a respected expert from the UNHCR (refugees), an advocate for victims of domestic violence, an academic expert on violence against women and the head of a corporate social and environmental responsibility department (Bulgari).

## US and Global Issues

The FAWCO US Issues Team presented two sessions with updates pertaining to Overseas Americans Week, FATCA/FBAR, banking overseas, voting, and citizenship. Of particular interest was the report of recent meetings with the Joint Committee on Taxation (JCT), representatives from the Treasury Department and the National Taxpayer Advocate Nina Olsen. While FAWCO recognizes the intent of FATCA to deter tax fraud and ensure transparency in international banking, it advocates a redefinition of the concept of "foreign" accounts to exclude those held by US citizens in countries where they are

>>26





# FAWCO Corner (cont.)

Continued from page 25

fiscally domiciled; a way to eliminate FATCA reporting requirements on accounts we must maintain abroad to pay our taxes, mortgages and utility bills; and to save for retirement and our children's education. FAWCO also met with senior members of the American Bankers Association who found it hard to believe that Americans are being deprived of access to financial services. Therefore FAWCO continues to encourage members who have been denied banking services abroad to share their stories with FAWCO and other advocacy groups, as well as with their congressional representatives.

FAWCO's UN involvement began when several FAWCO Members attended the historic World Women's Conference in Beijing in 1995, and it culminated this year with FAWCO's key participation at the NGO CSW Geneva Beijing +20 Review Forum as well as the attendance of 17 Members at the 59th Committee on the Status of Women in New York in March 2015. This involvement with the UN provides our organization an international voice on global women's issues of education, environment, health and human rights. As such, 2014 was an outstanding year for FAWCO at the UN where we achieved several FAWCO

"firsts": our first UN Youth Rep, our first UN Rep to a UN agency, two executive bureau appointments to NGO CSW Committees, and our first time organizing a major event at the UN. The FAWCO UN Team is a corps of ten members who collectively attend hundreds of UN meetings in New York, Geneva, Vienna and Athens, and regularly report on outcomes to the FAWCO Membership via blogs, articles on the FAWCO website, in the FAWCO Forum, FAWCO UN and Global Task Force Bulletins, local Club newsletters, and also regular posts on FAWCO's UN Friends Facebook page.

Johanna Dishongh, FAWCO Target Chair, updated the assembly on the wonderful progress of the campaign to support Human Rights for Women through FAWCO's Target Project, Free the Girls. Free the Girls' global and national directors were on hand to introduce new engagement tools to encourage small acts as a way to achieve big results. Nearly \$75,000 has already been raised for this worthy organization that provides support for victims of human trafficking.

FAWCO is providing increasing opportunities for our children. Not only are there opportunities to participate at youth events at the UN in New York and Geneva, but the new Cultural



Volunteers Program has been a great success in Dubai (2013) and Shanghai (2014). AWC Mumbai will host the program this summer. The conference also provided three intense and practical brainstorming sessions for current and incoming Club Presidents and FAWCO Reps to share best practices and ideas. There were also sessions on Process Communications, Effective Leadership and Staying Relevant in a Virtual World. On the lighter side, there were panels and sessions on Roman culture, the rise of women in Roma Aeterna, and an impressive panel with an intelligent and fascinating discussion of Italian fashion.

Finally, there were updates on the work of the FAWCO Foundation, and the announcements of the winners of the 2015 Educational Awards and Development Grants were made. **I am ex-**

**tremely pleased to announce that a Development Grant project submitted by the AWC of The Hague to benefit Stahili Foundation was successful!** The grant in the amount of \$ 4,500 will go to provide tuition and living assistance to three Kenyan students rescued from exploitative orphanages.

The full 2014 FAWCO Annual Report, available on the FAWCO website, runs almost 100 pages. Please know that your Membership in the AWC (and therefore in FAWCO) supports a world of initiatives that benefit you individually, our Club and our world. If anything I've reported here piques your curiosity, please get in touch with me and I will be happy to provide more information, and connect you to newsletters and/or individuals who share your interests and passions through FAWCO.





## FRITSTAXI

### AIRPORT SERVICE

WWW.FRITSTAXI.NL

**Specialists in Taxi Airport Transfers to Schiphol and Rotterdam Airports**

Flat Rates from The Hague Region\*:  
**Schiphol Airport:** Drop Off €62    Pick Up €67  
**Rotterdam Airport:** From €35

For a free quote from other cities or for bookings contact us on **+31 (0)622 395536** (07.00 to 22.00)  
or email us at **fritstaxi@msn.com**    All major credit cards accepted

\*Mentioned rates are for max. 4 passengers. Vans can also be arranged on request



# Newcomer Activities

by Greetje Englesman

## Gouda Cheese Market

Gouda cheese represents almost 60 percent of Dutch cheese production. The Gouda Cheese Market ([www.goudakaasstad.nl](http://www.goudakaasstad.nl)) is a spectacular and historic scene held every Thursday from April to August (except on Ascension Day on May 14). Farmers negotiate over the price with the traders in front of the Goudse Waag (the Weighing House). The deal is still sealed with a handshake as it has been for centuries. The cheeses are delivered to and from the market on wagonettes and weighed after the sale in the monumental Goudse Waag building. Bring your OV-*chipkaart* as we will travel by train from Den Haag Centraal Station (DHCS) and then walk to the market. After our visit, we will have lunch at a local café (at own



RSVP for all Newcomer Activities  
directly on [AWC GroupSpaces.com](http://AWCGroupSpaces.com).

Direct any questions to  
[awcthehague.newcomers@gmail.com](mailto:awcthehague.newcomers@gmail.com).

expense). Register at [www.groupspaces.com/AWCTheHague/item/964677](http://www.groupspaces.com/AWCTheHague/item/964677)

**Thursday, May 28**

**Meet at Starbucks at DHCS at 9:30 a.m.**

## Meet & Greet for Newcomers

Are you a Newcomer or a potential AWC Member? Do you have questions or are you looking for a friendly welcome and introduction to the AWC? Join the Newcomers Team for coffee 30 minutes before every monthly meeting to share your questions, challenges and successes. Plan to stay for the General Meeting and hear presentations on interesting topics and learn all about the AWC. Do you have an urgent problem to solve? Feel free to email us at [awcthehague.newcomers@gmail.com](mailto:awcthehague.newcomers@gmail.com).

**Thursday, June 11**

**Coffee: 10 a.m.**

**Meeting: 10:30 a.m.**

**AWC Clubhouse**

# Women with Dutch Partners

by Rebecca Niles-Pourier

## WWDP Annual Summer Lunch

All AWC Members with a Dutch partner are invited to join us for our Dames' Annual Summer Lunch. Invitations will be sent by Evite. If you have a Dutch partner and you have not received an invitation, please email me at [awcthehague.wwdp@gmail.com](mailto:awcthehague.wwdp@gmail.com).

**Sunday, June 28**

**Noon**

RSVP for all WWDP Activities directly on  
[AWC GroupSpaces.com](http://AWCGroupSpaces.com).

Direct any questions to [awcthehague.wwdp@gmail.com](mailto:awcthehague.wwdp@gmail.com)

**B.I.T. Grill & Café**  
**Buitenhof 39, Den Haag**  
**RSVP deadline: June 24**

**Royal Botania**  
Belgian outdoor luxury

Maintenance free, stainless steel dining suite by Royal Botania. This modern classic is available in many dimensions, colours and materials, such as powdercoated frames or ceramic tops.







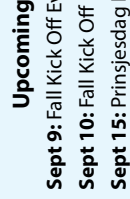
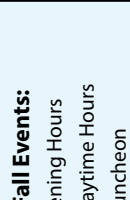
Brought to you by Sissinghurst, your specialist for quality outdoor furniture since 1999. Come and take a look in our showrooms in The Hague (Hookade 9A, parallel to Denneweg) and 18km to the East, in Benthuisen (Verbreepark 27C, free parking).

**Sissinghurst**  
OUTDOOR FURNITURE

Contact: 070 - 34 692 34 - [www.sissinghurst.nl](http://www.sissinghurst.nl)



# MAY 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Wassenaar Walkie Talks <b>10 a.m.</b> Indonesian Textile Lecture <b>1:30 p.m.</b>	2
3	4 Walkie Talks <b>9:30 a.m.</b>	5 Chat, Crafts'n Cake <b>10 a.m.</b> Cinco de Mayo Ladies Night Out <b>7 p.m.</b>	6 Dutch Conversation & Coffee <b>10 a.m.</b> Museum Beelden Aan Zee <b>10:30 a.m.</b>	7 Wassenaar Coffee and Conversation <b>9 a.m.</b> AWC Board Meeting <b>10:30 a.m.</b>	8 Wassenaar Walkie Talks <b>10 a.m.</b>	9 <b>85 &amp; Counting</b> AWC Benefit Concert <b>6 p.m.</b>
10 <b>Happy Mother's Day</b>	11 Walkie Talks <b>9:30 a.m.</b>	12 Chat, Crafts'n Cake <b>10 a.m.</b> DFAS Art Lecture: The Agony and the Ecstasy <b>7:45 p.m.</b>	13	14	15 Wassenaar Walkie Talks <b>10 a.m.</b>	16
17	18 Walkie Talks <b>9:30 a.m.</b> Joint Board Meeting <b>10:30 a.m.</b>	19 Chat, Crafts'n Cake <b>10 a.m.</b> Heart Pillow Workshop <b>Noon</b>	20 Dutch Conversation & Coffee <b>10 a.m.</b> Daytime Book Club <b>10 a.m.</b> Evening Book Club <b>7:30 p.m.</b>	21 AWC Board Installation <b>10:30 a.m.</b> Luncheon <b>12:30 p.m.</b>	22 Wassenaar Walkie Talks <b>10 a.m.</b>	23
24 Memorial Day at Margraten <b>3 p.m.</b>	25 Walkie Talks <b>9:30 a.m.</b>	26 Chat, Crafts'n Cake <b>10 a.m.</b>	27 High Tea <b>2:30 p.m.</b>	28 Gouda Cheese Market <b>9:30 a.m.</b>	29 Wassenaar Walkie Talks <b>10 a.m.</b> Delft Blue Mosaic Workshop <b>1:30 p.m.</b>	30
31			<b>Upcoming Fall Events:</b> <b>Sept 9:</b> Fall Kick Off Evening Hours <b>Sept 10:</b> Fall Kick Off Daytime Hours <b>Sept 15:</b> Prinsjesdag Luncheon			

# JUNE 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Walkie Talks <b>9:30 a.m.</b>	2 Chat, Crafts'n Cake <b>10 a.m.</b>	3 Dutch Conversation & Coffee <b>10 a.m.</b>	4 Wassenaar Coffee and Conversation <b>9 a.m.</b> AWC Board Meeting <b>10:30 a.m.</b>	5 Wassenaar Walkie Talks <b>10 a.m.</b>	6
7 Maeslant Storm Surge Barrier <b>Noon</b>	8 Walkie Talks <b>9:30 a.m.</b>	9 Chat, Crafts'n Cake <b>10 a.m.</b>	10 Evening Book Club <b>7:30 p.m.</b>	11 Newcomers Meet & Greet <b>10 a.m.</b> General Meeting <b>10:30 a.m.</b>	12 Tour of Amersfoort <b>9 a.m.</b> Wassenaar Walkie Talks <b>10 a.m.</b>	13
14	15 Walkie Talks <b>9:30 a.m.</b>	16 Chat, Crafts'n Cake <b>10 a.m.</b>	17 Dutch Conversation & Coffee <b>10 a.m.</b>	18	19 Wassenaar Walkie Talks <b>10 a.m.</b>	20 AWC Dinner Club <b>TBA</b>
21 <b>Happy Father's Day</b>	22 Walkie Talks <b>9:30 a.m.</b>	23 Chat, Crafts'n Cake <b>10 a.m.</b>	24	25 Daytime Book Club <b>10 a.m.</b>	26 Wassenaar Walkie Talks <b>10 a.m.</b>	27
28 WWDP Ladies Lunch <b>Noon</b>	29 Walkie Talks <b>9:30 a.m.</b> Tour of ICTY (Int'l Criminal Tribunal former Yugoslavia) <b>9:30 a.m.</b>	30 Chat, Crafts'n Cake <b>10 a.m.</b>	<b>Mark Your Calendars!</b> <b>Nov 14-15:</b> AWC Holiday Bazaar			





**Wassalon Weissenbruch**  
 Weissenbruchstraat 25  
 Tel.: 070 - 324 83 16

**Do you love clean  
 ironed sheets?**  
 Let us do them for you!

**Opening Times**

**Monday to Friday 8.00 - 17.00**  
**Saturday 9.00 - 13.00**

**YOUR  
 CLEANING  
 SERVICES INC.**

**079 - 342 40 58**  
**Free estimates given in your home**

WE will clean: tubs & sinks,  
 mirrors, toilets, counter tops.  
 Plus: vacuum, dust, mop, load dishwasher,  
 change sheets, wipe appliances & canisters,  
 wipe out microwave, shampoo carpets and  
 polish your wood floors.

**ALL FOR ONE LOW PRICE**

**YOUR CLEANING SERVICE INC.**  
**Personalized Service**  
**Satisfaction guaranteed**

Fax/Phone: 079 - 342 40 58 Mob.: 065 - 317 17 07  
 Email: info@yourcleaningservice.nl www.yourcleaningservice.nl

**Free estimates**

**DO GOOD THINGS!**

Visit The FAIRCOT Foundation's online Backing Women Boutique to support "Free the Girls" which provides help for women and girls rescued from sex trafficking in developing countries. Net proceeds will be donated to the project.



FIND THE BOUTIQUE ON [WWW.FAIRCOTFOUNDATION.ORG/BACKINGWOMENBOUTIQUE](http://WWW.FAIRCOTFOUNDATION.ORG/BACKINGWOMENBOUTIQUE)

**ACCESS**  
 SERVING THE INTERNATIONAL COMMUNITY

ACCESS is a volunteer not-for-profit organisation that serves the needs and interests of the international community in the Netherlands.

**We can help you!**

Call us on 0900 2 222 377 (€0.20 ct/min),  
 email us via [helpdesk@access-nl.org](mailto:helpdesk@access-nl.org),  
 visit [www.access-nl.org](http://www.access-nl.org) for your answers,  
 or attend our info mornings to find out how you can help others. Check website for dates.

**[www.access-nl.org](http://www.access-nl.org)**

# AWC and the Arts

by Jane Choy

RSVP for all Arts Activities directly on [AWC GroupSpaces.com](http://AWC GroupSpaces.com).  
 Direct any questions to [jechoy@me.com](mailto:jechoy@me.com)

## Indonesian Textiles

AWC Member **Susan McKinley** lived in Indonesia from 1993 – 1997, where she studied and collected Indonesian *ikat* weavings and *batiks*. She made special trips to see where textiles were created and purchased them at the source. In this lecture, she will share samples from her collection and discuss the techniques used to produce *ikat* and *batik* textiles. In some cases, she will reveal the meaning or story behind particular motifs in this tactile art form.

The variety is endless. Sumatran silks glowing and rich with scarlet reds and shining golds, and Sumbanese *ikat* with rusty reds and deep blues in bold patterns. Colorful rainbow stripes of Timorese *ikat* contrasts with the deeper browns, oranges and navy blue of the *ikat* of the islands of Alor, Flores and Savu. Every color can be found in the soft cotton *batiks* of Java: the bright colors of the north coast cloths, especially from Cirebon and Pekalongan, and the fine browns, whites and indigos of the court cloths of Solo and Yogyakarta. There are glorious Javanese silk *batiks* soft and floating, in glowing color and design. From Bali there is a veritable explosion of color and texture in both traditional and totally modern design.

Fees from this lecture will benefit the Stahili Foundation ([www.stahilifoundation.org](http://www.stahilifoundation.org)); the AWC was pleased to welcome a co-founder of Stahili as our guest speaker at the March General Meeting. This non-profit organization works to combat child labor and abuse in rural Kenya by striving to provide education and a safe, supportive environment in which the children can flourish.

**Friday, May 1**  
**1:30 p.m.**

**AWC Clubhouse**  
**€ 8 Members (€ 15 nonmembers)**  
**Minimum 12 / Maximum 40**  
**Non-refundable**



*Did you know that any English-speaking  
 woman may join the AWC?*

*Invite your English-speaking friends from  
 other countries that have an affinity for  
 Americans to join us today!*





# Announcements

## Dutch Remembrance Evening

(*Herdenking*)

Monday, May 4 is the 70th annual Dutch Remembrance Day. Two minutes of silence are observed at 8 p.m. each year to remember all those who have died, in war and in peace operations, during and since the outbreak of World War II. For information about commemorations around the country, visit: [www.4en5mei.nl](http://www.4en5mei.nl). Locally, a commemoration will take place at the dunes of Scheveningen: a silent procession on the Waalsdorperpervlakte, where people were put to death by the occupying forces during World War II. For further information, go to: [www.erepeloton.nl](http://www.erepeloton.nl)

## Dutch Liberation Day

(*Bevrijdingsdag*)

Whereas May 4 is a day of sadness and commemoration, May 5 is the "Day of Liberation" – with celebrations marking the end of the Nazi occupation of the Netherlands. This year marks 70 years of freedom. Celebrations are held throughout the country. To see what's happening in The Hague, go to: [www.bevrijdingsfestivaldenhaag.nl](http://www.bevrijdingsfestivaldenhaag.nl)

## Europe Open Doors Days

Each year, during the same week in which the creation of the European Union is celebrated (May 9, 1950), projects which receive EU

funds are opened for public viewing. The projects show that Europe is not far away and that European money is being spent close to home. To find out which projects will be open on May 8 – 10 in your area, go to [www.europaomdehoek.nl/kijkdagen](http://www.europaomdehoek.nl/kijkdagen)

## National Windmill Days

National Windmill Days will be held on Saturday, May 9 and Sunday, May 10. Seven hundred windmills and watermills throughout the country will be open to the public. It is an ideal opportunity for young and old to experience these historical works that have played such an important role in the development of the Netherlands. Participating mills are identified by the blue flag, spinning blades or festive flags and are listed on the website: [www.nationalemolendag.nl](http://www.nationalemolendag.nl)

## DFAS Art Lecture Blenheim Palace – the Agony and the Ecstasy

Blenheim Palace is a monumental country house designed in 1705 in the rare English Baroque style. It was intended to be a gift from a grateful nation to John Churchill, 1st Duke of Marlborough, following his military triumphs abroad, but quickly ran into financial problems. By 1870 the family was almost bankrupt and only the loveless marriage of the 9th Duke

to the American railroad heiress Consuelo Vanderbilt could save Blenheim and restore its treasures. Sir Winston Churchill was born there on November 30, 1874. It remains the home of the Dukes of Marlborough, but is now also an UNESCO World Heritage Site and is open to the public for tours. Lecturer Anthony Russell, artist and tour lecturer travelled much of the world before basing himself in London. He has worked on the furniture needs of prestigious buildings, assisted at the British Museum with outreach events and written the book *Evolving the Spirit – From Democracy to Peace*.

**Tuesday, May 12**

**8 p.m. (doors open at 7:30 p.m.)**

**Cultural Centrum Warenaar**

**Kerkstraat 75, Wassenaar**

**Non-DFAS member fee is € 12**

**[www.dfas.nl](http://www.dfas.nl)**

## Delta Lloyd North Sea Regatta

The largest Dutch sailing event on the North Sea starts on Tuesday, May 12 with the 110-mile Fire Ships (*Viurschepen*) Race from Scheveningen to Harwich, England. The Regatta will be held from May 22 – 25 with over 500 boats of 25 different classes, including yachts and catamarans, competing in races starting from Scheveningen Harbor. For details, visit: [www.nsr.nl](http://www.nsr.nl)

## Opera Days in Rotterdam

*Operadagen* (Opera Days) Rotterdam is an opera and music theater festival at various venues around Rotterdam from May 22 – 31. For the program, see [www.operadagenrotterdam.nl](http://www.operadagenrotterdam.nl)

## Tong Tong Fair

The world's largest Eurasian Festival is held



annually at the Malieveld in The Hague. Many of the exhibitors come from Indonesia, Vietnam and Malaysia just for this event. From May 27 – June 7, there will be cultural events, an East-West fair, food fest and street vendors. For tickets and further information, go to [www.tongtongfair.nl](http://www.tongtongfair.nl)

## Dutch Beer Tasting Festival



The Grote Kerk in The Hague will provide a unique setting for 40 Dutch breweries to showcase their best beers during the weekend of May 28 – 30. For tickets and more information, visit [www.weekvanhetnederlandsebieer.nl](http://www.weekvanhetnederlandsebieer.nl).

## Japanese Gardens

Take a stroll with Walkie Talkies or on your own through the serene Japanese Gardens in Clingendael Park in The Hague. There is no charge to visit these gardens, which are open daily from 9 a.m. to 8 p.m. through June 7. Don't miss out!

## Holland Festival

The 68th edition of this international festival in Amsterdam runs from May 30 – June 23 and features a mix of mainstream and experimental opera, theater, music, dance and film at a variety of venues. For more info: [www.hollandfestival.nl](http://www.hollandfestival.nl)

## Flag Day (*Vlaggetjesdag*)

On Saturday, June 13 is a festival celebrating the arrival of the first herring (*Hollandse Nieuwe*) in Scheveningen. Hundreds of thousands of people gather for the festivities and the fishing boats are decorated especially for the occasion. The first barrel of herring is traditionally sold at an auction on the preceding Thursday with the proceeds >> 51





# The Dutch Daily

by Eileen Harloff

## Terror Bird

You might recall reading in the March issue about the Dutch terror cat drama. A cat's owner was hauled into court to answer for his pet's outrageous behavior towards a dog, ending in the owner being taken to court and eventually declared not guilty. Now we have the terror of a bird from Kwadijk, north of Purmerend, who without warning attacked a lady trying to take its photo. The bird in question is a European eagle owl (*oehoe*) with a wing span of almost six feet (1.8 meters), and long, sharp claws. The victim is a newspaper delivery lady with an extensive clientele area. Like most people in her area, she knew the warnings about the owl, but as a collector of owl memorabilia, she was eager to have a photo of this beautiful creature. While driving through the meadows, she heard the bird's call, jumped out of her car and prepared to take her coveted photo. Unfortunately, she neglected to look the owl in the eye, and he – apparently not in the mood to be photographed – dived down and sunk its claws into its admirer's head before flying away, leaving a startled and bleeding victim behind.

This lady was not alone, as the “terror owl” had many victims – by then the number of attacks reached 55 – and people in the area were advised to put up an umbrella when they stepped out of their homes. Despite a law protecting the eagle owl, the municipality

of Purmerend was given permission by the Province to find a falconer to capture the bird. Now “the eagle has landed” in a bird sanctuary and peace has once more descended on the town of Kwadijk.

As an aside I'll say that I can well sympathize with the victim, as I had a similar experience on a trip to Iceland. I was standing on a small bridge admiring the early morning atmosphere when a large bird dived down at me. Fortunately, we had been warned about these birds and told that if they were approaching, we were to flap our arms above our heads as vigorously as possible. Indeed the bird swerved away, but I was left with a rapidly beating heart.

## Museum Flehite, Amersfoort

I have to confess that I had not heard of Museum Flehite in Amersfoort before reading about its latest acquisition, namely the private collection of Wim and Hella van Schaik. Mr. van Schaik's career was with Wessanen, a firm that promotes healthier food, healthier people and a healthier planet through organic, vegetarian and sustainable food. Since WWII, the van Schaiks have assembled a collection of post-war Dutch art valued at approximately € 3.5 million. Every year or two the museum displays a different selection of their paintings, sculptures, jewelry and graphic art. In addition to the museum, the city itself is well worth a visit. It was a well-known medieval

town, particularly famous for its wall houses dating back to 1540. Today, these houses have been transformed into various restaurants, antique and other shops, along with the Museum Flehite.

## When is Enough, Enough?

That the food – and assorted other product – industry offers lucrative income to its executives is confirmed by an unusual recent happening. The Board of Directors of Unilever decided that the salaries of their Chairman of the Board and the Financial Director lagged behind those of similar jobs in other companies. They therefore proposed a 5% raise for them in 2015. Undoubtedly to the board's surprise, Chairman Paul Potman and Finance Director Jan Marc Huet replied that they did not need a raise. To the outside world this is perhaps not so surprising when it is known that the Chairman's salary rose in 2014 by € 1.25 million and his income from investments and pension payments rose by 1% to €8 million, while his bonus of € 1.65 million was 11% lower than in the previous year. As for the Financial Director, his total income fell by € 4.3 million in 2014, which was 14% lower than in the previous year. Clearly, money is not everything in life!

## Learning Dutch in a Hurry

Thomas Clark, a police officer from Amherst, Massachusetts, visited the Netherlands to learn enough Dutch words to be able to work with his new partner: Dash (who was originally named Dasty), a 17-month-old male German Shepherd born in the Netherlands. The newest recruit for the Amherst Police Department will help detect narcotics, locate missing persons, apprehend criminals and control crowds, and will do so by taking all his instructions in Dutch. In the words of a member of the Netherlands Bond for Service Dogs, Dash can look forward

to a bright future, as police dogs in the US have the same status as policemen. *Veel geluk Tom and Dash!*

## Tomato Paper

Continuing the general theme of food, we have just learned that tomatoes – which have for some time been used in packaging – are now being used to make paper. The world premier has come in the form of a book by Wilko Wisse, entitled *Connecting Industries*, whose pages are made from the stems of tomato plants, grown in Maasdijk, which would normally be used for compost. The author hopes that this technique, which at this point in its earliest stage is very expensive – the cost of producing his book was € 12,000 more than using normal paper – will be a stimulus to a new, sustainable and innovative product.



Foto TROS / EEN





# When Eating in Rio

by Dena de Clute-Melancon

Food in Rio de Janeiro, Brazil is sumptuous, fresh, and completely lacking the formality of European dining, despite the Portuguese influence. Most *lancherias* (cafés) don't have tables; you eat standing at the counter. And despite living in Rio for nearly a year, I have never seen anyone here eat a sandwich with a knife and fork.

The Brazilian diet is mainly meat- and fruit-based, with the national dish *feijoada* (slow-cooked black beans and rice) eaten at virtually every meal. Most foods are served with *farofa*, a strange crumbly topping made from flour fried with oil, garlic and sometimes eggs. Popular family-friendly restaurants offer pay-per-kilo buffets laden with dishes like fish with shrimp sauce, fried *pastels* with cheese, grilled *linguiça* (garlicky smoked-pork sausage), platters of artfully arranged fruit, and mixed salads combining things like mango with crab, cucumber and black sesame seeds, or quinoa with tomato, corn, and herbs.

*Suco* juice stands can be found on nearly every street, with crates of fruit stacked like mountains behind the counter ready to blend everything from *caju* (cashew fruit), watermelon, strawberry and *acerola* (which I've been warned tastes exactly as the name suggests). Fresh coconut juice vendors are dotted all over the city and beaches, selling green coconuts hacked open with a machete with nothing added but a straw.



Another Brazilian food icon is *acai*, an Amazonian dark purple berry known for its antioxidant qualities. It's famous here served blended to a creamy texture like ice cream, sometimes served with crunchy tapioca (though I prefer it without). *Bacalhao* is dried salted cod, and it must be popular despite the staggering smell because it's sold in huge piles at every grocery store I've been to. I've only eaten it mixed with cornmeal batter and fried into balls, and that was quite enough. Recently we had a traditional Brazilian *churrascaria* (various grilled meats) lunch at an outdoor café, and it was magically delicious. We gave our leftovers to a one-legged, dreadlocked homeless man, including our leftover watermelon juice which he couldn't drink fast enough on such a hot day, bless! It made up for all the times I'd wished I had a lollipop in my handbag to give to any of the homeless kids out with their mothers selling



dishtowels on the sidewalks of Ipanema on Saturday afternoons.

Other notable meals I've had are: pulled-pork tacos with pineapple and cilantro, served with hibiscus iced tea; steak with cilantro and fresh pineapple juice with mint; also *chu-chu* (merlito) with shrimp, *coco al forno* (baked shredded coconut with sweet cream), and *caipirinha*, the national cocktail made with either vodka or *cachaca* (sugar cane hard liquor) and fresh fruit juice. Once I accidentally ate a dish prepared with a poisonous Amazonian plant-root called *tucupi*, supposedly created by the venomous tears of the Moon after she was bitten by a snake for trying to journey to the center of the Earth. The sauce's acidity resembled lemon juice until I took a bite of the actual plant; my

tongue and throat burned like I'd licked a battery and then went numb completely. The plant has medicinal (non-poisonous) qualities if cooked for hours, which mine of course was, but I will never order *tucupi* again.

The most popular chocolate bonbon in Brazil is named after a famous soldier, Brigadier Eduardo Gomez. **Jessie Rodell** even made a batch for my going-away party, and it did not disappoint! Brigadier Gomez was a revolutionary in the 20's who became an Air Force Brigadier General and later a politician (in Latin American, many politicians grew in power through the military). During WWII, imported sweets from Europe weren't available, so some ladies from Rio invented their own bonbon and named it *brigadeiro* after their handsome national hero. It has evolved to fancy varieties with vanilla, caramel, walnut, and I even had one with a sugared grape inside. But my favorite is still traditional chocolate. Like most *Cariocas*, I think normal Brazilian fare needs no embellishment because it's already among the best food in the world.





# Heart Pillow Project

by Eileen Baker

Looking back to September at our first Heart Pillow Workshop for the Club Year, I am truly amazed at what a small group of women can accomplish in just eight months! I am so pleased to report that 250 pillow sets were completed and delivered to 4 area hospitals. Many thanks to all the volunteers who donated their time to the Heart Pillow Project. Your caring heart and simple skills has made a difference in the lives of so many women with breast cancer.



Among the many pillows delivered this year, 40 sets were made by a very special group of students from the British School in the Netherlands. In addition to their academic studies, they must complete CAS (Creativity, Action, Service)

activities to fulfill a requirement for their International Baccalaureate Diploma. The Heart Pillow Project provided an opportunity for them to develop their creativity, set clear goals and give back to their community. Once the pillows were completed, they were given to the AWC to donate on their behalf. They did a great job!

During the summer months, I hope to have a couple of workshops so that we will always have some pillow sets on hand to be able to supply the hospitals as they request them. Have a wonderful summer and thank you again for providing women with something not only practical, but comforting as well.

Happy Summer!



# Volunteering at the AWC

by Becky Failor

My first volunteering experience with the AWC was the 2010 Holiday Bazaar. **Laurie Martecchini** made it so easy. She told me what time to arrive, where to come, what I would do and how long I needed to stay. **Julie Schipper** and I sat at the entrance table together and laughed when we realized that our Dutch was not good enough to explain how you shop and pay for things at the Bazaar. We made it work and had fun! When the total amount of money raised that year was announced, I knew I had a little part in the success.

At the Clubhouse I overheard a lady say, "Someone should plan a trip to XYZ." I looked at the Membership Roster and found no Members named "Someone." I wondered would "Anyone" plan this trip, but found "Anyone" is not a Member either. Hmmm... what to do?

When Jennifer Hussey announced she would be leaving the Netherlands, I wanted to be sure the fun tours she arranged would continue. So I picked up her duties. I sat with **Jan Essad** as she came up with an incredible number of ideas for fun activities that I wanted to do. Wow, we could do this! That is when I truly realized that if I wanted a fun, inviting, and stimulating AWC experience it was up to me and others to make it happen. And now **Greetje Engelsman, Sue Merrick, Jane Choy** and **Rebecca Niles-Pourier** are creating fun activities, not to mention all the ladies who maintain the Ongoing Activities.

There are so many other things that need to be or could be done.

- Planning a program for a General Meeting
- Planning a Kids' Club activity
- Co-chairing the Holiday Bazaar
- Running the Clubhouse
- Helping with eNews
- Coordinating a spring cleaning
- Working at the Front Office

- Running a philanthropic activity, such as Easter basket making or school bag filling
- Helping with the Partner Appreciation Event
- Updating *At Home in Holland* as an e-book
- Running the Welcome-Back BBQ in September
- Planning a trip to Bilbao, Edinburgh, Luxembourg, Prague or wherever your heart desires

Ideally, we'd like everyone to take on one volunteer task. If you have an idea of what you want to do, we'll support you. If you want to know how you can help, we'll find something for you to do. We'd love to have someone be the Volunteer Coordinator. Maybe that is the perfect task for you. Call me. We'll find something you can do and be proud of. You can be that special SOMEONE!



**St James**  
Voorschoten

*the international Anglican Church in the Leiden area*

<p><i>every Sunday</i> <b>Church Service</b></p>	<p>10.30 am BSN Senior School Voorschoten</p>
<p><i>with children's &amp; youth programme</i></p>	<p>Contact: Ruan Crew (chaplain) chaplain@stjames.nl 071-5613020</p> <p>Tim Carroll (youth minister) youthminister@stjames.nl 06-46697651</p> <p><a href="http://www.stjames.nl">www.stjames.nl</a></p>





# Jet Lag

by Susan Yates Brown

## In the Netherworld of Jet Lag in the Netherlands A Story about Jet Lag Written While on Jet Lag

My friend Polly was born to be an overseas expat. Always smiling, unflappable and bold, she never gets jet lag. “I don’t know how I do it!” she exclaims with her ever endearing laugh. “I just sleep on the plane and then I’m fine!” I hate Polly.

I endure the haze of jet lag on both sides of the Atlantic, though it’s a lot easier to navigate after the long-haul flight to the west. The time difference to Texas makes for a marathon 20+ hours of wakefulness as I arrive, and I’m easily able to tip over into an exhausted sleep as the sun fades. Weariness sets in before dinner for the next couple of days, but a new routine emerges quickly and the adjustment is complete.

Not so on the reverse trip to Amsterdam. Unlike my friend Polly, there is no conquering the body clock insanity that looms almost as soon as the plane lifts from the ground. Not that I haven’t tried. I’ve scoured the many articles on the subject and listened attentively to the anecdotal strategies employed by other expats. Some are as simple as Polly’s or as complex as a medical textbook. There are medications to try, some with varying dosages of melatonin and Benadryl that guarantee a drugged, hazy hangover along with the jet lag. There are other more exotic remedies with mystery ingredients, their safety completely guaranteed by celebrity endorsements. There are jet lag eating plans, fluid intake formulas, sitting positions, exercise strategies, relaxation triggers, and meditations. Most of these pass quickly through my filter of skepticism, though I gamely try one or two remedies each trip.

The “sleep to the destination time” rule is the easiest to follow, and it is Polly’s sworn technique. This means cramming a full night’s rest

into the hours before landing, just when my brain has been trained to believe that it’s mid-afternoon. I close my eyes and try to doze off as the plane flies from a sunny US afternoon to a sudden rendezvous with a Holland dawn, and my body fidgets rebelliously. It’s not dark enough, it’s too loud, my teeth need brushing. Where are my glasses? What’s swimming in the ocean down there? Did I miss any *Nurse Jackie* episodes on the entertainment screen? What about *Frozen*? Should I watch it again? Let it go, let it go. .... By the time the cheerful flight attendants bring the breakfast trays, my insomnia has set the stage for body clock chaos and the upcoming reentry through Schiphol requires caffeine compensation. “I’d love some tea,” I respond when the flight attendant offers, and I hold my cup out for a refill and then another and another. The plane lands, and borrowed energy surges through me as I race the other passengers to the arrivals hall, dragging my carry-on bag and shifting my overloaded purse from shoulder to shoulder. I chirp a buzzed good morning to the immigration officer as he stamps my passport and I expertly tackle the tricky bag cart brake, easing it over to the moving luggage belt. Grabbing my bags, I stroll out smiling to meet my husband. It’s 8 a.m. I’m still vibrating with caffeine and Polly has nothing on me!

Two hours later, I’m fast asleep on the couch at home. My husband gently wakes me, suggesting that I need food, light, activity, forward motion. I tell him that I agree, and I sleep for another three hours. That night, a pill assures that I will slumber deeply in the Dutch time zone and I wake the next morning, groggy and morose, grumpy and confused. I decide that I need to go grocery shopping and I make a list of random things that we don’t need. My Texas coat isn’t warm enough, the store has moved further away, and the wheels of my little blue cart catch in every groove and odd rise of the brick pavement. Hail is pelting in ugly gray slush bullets, and the delayed altitude pressure rings in my ears. I arrive at the store shaking water from my

coat then reach into my pockets for the grocery list. It isn’t there. I sigh, annoyed. What is the Dutch translation for tomato sauce? I don’t know. I pull items from the shelves, toss them into my cart and I may or may not have the ingredients for chili. I pay and go home. We’ll probably order pizza for dinner, though I won’t remember to eat. I force myself to go to bed at 2 a.m.

I wake the next day at noon, smiling to myself. I’ve entered what I call the existential realm of jet lag where the fatigue fools me into believing that I’m more of a life observer than a real participant. My yoga clothes are strangely tight, the spandex barely containing a new puffiness. I realize that I gained seven pounds on my trip. It’s funny. I accidentally wash a new dry-clean-only sweater and it shrinks to a size suitable for a small dog. I snort with laughter. I unpack my bags, tossing clothes and toiletries deep into random cupboards and cabinets where I will never find some of them again. This is amusing.

Day three is the most dangerous in the jet lag phase. I awake after four hours of fitful sleep, believing that I’m back to normal, and I’m not. I came home from the States as a mule with many requested items for people, but I can’t sort them properly and I panic when I know the receipts are lost. I rifle through my purse, eventually dumping the entire contents onto the floor. I chase rolling euros and quarters and when I grab for them, I notice that I’ve been holding the receipts in my hand the entire time. I manage to start a Netflix movie on my iPad and I can’t figure out why the sound is so muted. The earphones are on my head, but I have forgotten to plug them in. I finally realize that I’m not as fully aware as I should be yet, and I trick my faulty memory by placing a gift bag for a friend right by the door so I have to trip over it before I leave to go meet her. The strategy works and I remember it, the first success since I arrived home. I can’t wait to tell Polly.





A human voice. An honest opinion. Years' of experience. And then making it happen. That's what we're about.

**American Travel Center:**  
Delivering great vacations WORLDWIDE!

Tel. +32 61 234 901 email: [travel4U@americantravelcenter.net](mailto:travel4U@americantravelcenter.net)  
[www.americantravelcenter.nl](http://www.americantravelcenter.nl)



# Margraten on the 70th Memorial Day

by Roberta Enschede

## Memorial Ceremony

Sunday, May 24

3 p.m.

American War Cemetery, Margraten

*Each for his own memorial earned praise that will never die and with it the grandest of all sepulchres – not that in which his mortal bones are laid but a home in the minds of men.*

The ancient words of Pericles of Athens are chiseled into the white Portland stone Tower of Margraten. They loom over a mourning mother surrounded by doves. They loom over a new shoot from a tree destroyed by war and the words: *New life from war's destruction proclaims man's immortality and hope for peace.*

The pure white marble of the crosses and the Stars of David remind us. The graves of 8,301 boys and men and 4 women remind us. The 1,722 names immortalized on the Wall of the Missing remind us. They remind us of young lives cut short far from the farmlands, cities, mountains and little towns of America. The stillness, the silence of Margraten speaks!

In November of 1944, just two months after the liberation of Limburg, the first graves were dug in its rolling countryside. By 1946, there were 17,738 graves in its white and green silence. In the interim years, 9,437 soldiers were taken home.

Today, in 8,301 graves of Margraten, 40 brothers lay side-by-side, 2 unknown soldiers rest together in a single grave and 106 soldiers "who gave their lives in the service of their country sleep in unknown graves." It is said, "Freedom is not free." Margraten is a testimony.

Looking over Margraten, there are inevitable questions, endless questions:

- Why did they die so young?
- Why did they die so hard?
- Why did they die before they could really live?
- What could they have become?
- Who cried when the telegram came?
- Who placed a flag with a Gold Star in a window of America?
- Who still thinks about Joe and Tom and Tony and Abe and all the boys of Margraten?

Seventy years later, there are those who will always remember – who will always ask themselves what it would have been like "if Dad had come home." When the war was over, 183,000 children were fatherless. Many of them, members of the American WWII Orphans Network, will be at Margraten this year.

The Veterans will come back, but they are fewer and fewer. The white-haired "boys" grown to men – husbands, fathers, grandfathers, great-grandfathers – will come back as long as they are able to come. Over the years, I've had the privilege to know a few of the Vets: Glenn, Cliff and Dan, some of the Timberwolves from the 104th Infantry that liberated much of Southern Holland. I will always remember how after the Memorial Day Ceremony, they'd stand amidst the crosses and stars talking and joshing around probably thinking about their friends.

I will never forget long, lanky Glenn from Kansas saying "I gotta say hello" as he ambled deep into the white rows of Margraten. When he came back, he was holding onto tears and simply said, "I said hello."

I will never forget Cliff from Ohio who told me, "As long as I live, I will go to schools and talk to kids and tell 'em what happened here and what it was all about." One day I got a tape in the mail from Cliff talking to school kids in Ohio. I still have it.

I will never forget Dan, an Irishman from New England. They called him the "Poet in the Foxhole." He kept a diary and wrote poetry and stories in the foxhole. Once he brought one of his books with him to Margraten to share.

The first Memorial Day at Margraten was on May 30, 1945. At the time, a Dutch citizen wrote some simple lines:

*You who enter this cemetery, look  
Remember the price your freedom took.*

More than 200 men and women worked all night to place wreaths and cut flowers, even pansies from a neighbor, on every newly dug grave. Thousands walked, cycled, rode horses and came in carriages. They adopted the new, young graves and their children and their children's children continue to do the same to this day. For them, every day is a memorial day: birthdays, holidays, and days frozen in snow or red rhododendron spring.

*Come to Margraten this 70th year.  
You will never forget it.*

*You will never forget the rows of white marble crosses interspersed with Stars of David.*

*You will never forget the F-16's streaking over the Tower of Margraten in the "Lost Airman" formation.*

*You will never forget how one jet breaks*

*off and flies up all alone and is gone.*

*You will never forget the Vets.*

*You will never forget all the people who come and remember the price their freedom took.*

At moments like this, the *Why of Margraten* and the ancient words of Pericles of Athens say all that can be said:

*Each for his own memorial earned praise that will never die and with it the grandest of all sepulchres – not that in which his mortal bones are laid but a home in the minds of men.*

Margraten is in us – deep in us.

AWC Member Johanna Dishongh will lay the OAR ~ Overseas Americans Remember wreath in honor of her father, a veteran of WWII, Korea and Vietnam. Lois Mothershed Pot (whom you might recall speaking at the MLK Tribute) will lay the wreath for the Timberwolves. Lois' father was an officer in the segregated US Army in Europe. She will represent the Timberwolves as well as her father and his comrades who not only experienced war, but the indignities of segregation.

Directions: From Maastricht, take the N278 road in the direction of Cadier en Keer and Margraten. After you pass Cadier en Keer, you will see the American War Cemetery on your right.

For further information contact OAR ~ Overseas Americans Remember at [oarinnl@yahoo.com](mailto:oarinnl@yahoo.com) or [roberta@robertaenschede.com](mailto:roberta@robertaenschede.com).

If you are interested in attending the Netherlands American Institute of Limburg Memorial Eve Dinner, please contact [arthur.lieuwen@online.nl](mailto:arthur.lieuwen@online.nl)



## Ongoing Activities (cont.)

Continued from page 17

### Wassenaar Coffee & Conversation

Do you live in Wassenaar and want to get together with other AWC Members, but don't want to journey to the Clubhouse? Or maybe you would like to go to Wassenaar for a change of pace? Here is your chance! Ramona Oswald hosts a coffee at her home in Wassenaar on the first Thursday of every month for Members and prospective Members. Ramona will provide directions to her house when you sign-up at [www.groupspaces.com/AWCTheHague/item/785299](http://www.groupspaces.com/AWCTheHague/item/785299).

**Thursdays, May 7 and June 4**

**9 – 11 a.m.**

**Ramona's House**

**FREE**

### Walking Wassenaar

Join Bronia Ichel and Ramona Oswald for Walking Wassenaar, a way to get fit and explore the Wassenaar area. We'll meet in front of Jumbo (formerly the C1000) with underground parking available on Luifelbaan and Van Hogendorpstraat. Join us afterwards for coffee and/or lunch at your own expense.

**Fridays**

**10 a.m.**

**Luifelbaan 1, Wassenaar**

**FREE**

### Special Walkie Talkie Events

**Japanese Garden:** The Japanese Garden in Clingendael Park is open again through June 6. We will visit the Japanese Gardens one Monday morning when the weather is nice during the six weeks it is open and we'll have lunch afterwards at the café in the park (at own expense). Look for details on the AWC Facebook Group and eNews.



**Rose Garden:** Walkie Talkies will be heading to admire the roses in Westbroek Park and enjoy tea at the tearoom sometime between June and August. Look for details on the AWC Facebook Group and eNews.



## One-of-a-Kind Activities (cont.)

Continued from page 19

week later. Go to [www.groupspaces.com/AWCTheHague/item/965273](http://www.groupspaces.com/AWCTheHague/item/965273) to register.

**Friday, May 29**

**1:30 – 4:30 p.m.**

**Graaf Florislaan 5, Den Haag**

**€ 40 Members (€ 45 nonmembers)**

**Minimum 4 / Maximum 8**

**Cancellation deadline: May 22**

### Maeslant Storm Surge Barrier

Discover the ins and outs of the Dutch water management system. The Keringhuis ([www.keringhuis.nl](http://www.keringhuis.nl)), a Public Water Management Information Center, shows how we manage to keep our feet dry in the water-rich Province of Zuid Holland. Whether there is a storm, a heavy downpour or blazing sunshine, join us to discover how the Maeslant Storm Surge Barrier works. The Maeslant Storm Surge Barrier is the last part of the Dutch Delta Works and is the world's largest moveable barrier. This impressive construction cannot be described in words, only experienced. This activity is appropriate for the whole family. The price includes coffee/tea and a pastry. Register at [www.groupspaces.com/AWCTheHague/item/964678](http://www.groupspaces.com/AWCTheHague/item/964678). Questions? Contact Sue Merrick at [awcthehague.firstvp@gmail.com](mailto:awcthehague.firstvp@gmail.com)

**Sunday, June 7**

**Noon – 3 p.m.**

**€ 15 Members or family members**

**(€ 18 nonmembers)**

**Minimum 10**

**Cancellation deadline: May 31**



### International Criminal Tribunal for the Former Yugoslavia (ICTY)

Following AWC Newcomer Michelle Oliel's interesting and informative presentation at the AWC General Meeting in March, several people expressed an interest in visiting the Tribunal. As described on their website ([www.icty.org](http://www.icty.org)): "The International Criminal Tribunal for the former Yugoslavia (ICTY) is a United Nations court of law dealing with war crimes that took place during the conflicts in the Balkans in the 1990's. Since its establishment in 1993 it has irreversibly changed the landscape of international humanitarian law and provided victims an opportunity to voice the horrors they witnessed and experienced." During our visit, there will be a general presentation by an ICTY representative and we will attend a hearing. This activity is open to anyone 16 and older. You will be required to present photo identification (Dutch ID card, passport, driver's license) upon arrival. Please note that photography is not allowed inside. Lunch will follow for those interested (at own expense). Register at [www.groupspaces.com/AWCTheHague/item/964680](http://www.groupspaces.com/AWCTheHague/item/964680)

**Monday, June 29**

**9:30 a.m. – 12:30 p.m.**

**Maximum 25**

**FREE**

**Registration deadline: June 19**





# Building from a Distance: It Takes a Village!

by Anne van Oorschot

While growing up, I enjoyed many summers at my family's lake cabin in northern Minnesota. The cabin, originally built by my grandfather, is where my dad spent his summers growing up. I am lucky that my Dutch husband and three kids all loved summer treks to northern Minnesota as well. Both of my brothers now have cabins, and four other families have also had cabins close to each other on the lake since my dad's youth. Our "lake family" has gotten to be a big group; it is remarkable that we have known each other all our lives. Even though my generation has spread out geographically, most try to plan their Minnesota visits to coincide with my family's time at the lake.

We usually stayed in the neighbor's guest house, but when that stopped being an option 11 years ago we decided to buy a place of

our own. While the location was ideal, with a HUGE lot, the "cabin" was actually a 1972 super wide trailer with a porch and entryway added on, and a guest cabin that needed a lot of work. We spent one summer doing lots of repairs, maintenance and general chores, but have been very happy with our imperfect structure every summer since.

On March 6, 2014, our neighbors called to tell us that the roof of our cabin had collapsed! Under the weight of excessive snowfall from a very long winter, the peaked roof previously added over the trailer's flat roof had collapsed, also pushing out the entryway and porch that had been added on to the sides of the trailer. **What a disaster, and more so to be thousands of miles away!** I called Dave, one of my engineer brothers, and he switched into "crisis mode," driving the three hours up



to the cabin (and back) both of the next two days – each time with a crew of family and friends – to clear all the snow off the roof, assess the damage and plan a temporary fix. All of this was made more difficult due to freezing temperatures and five feet of snow! Fortunately, there was minimal damage inside and, thanks to the heavy reinforced plastic securely covering the roof, the cabin was secure until the summer.

Once that was accomplished, my husband and I (with input from our kids) tried to assess the situation: what the costs would be for repair versus total replacement and our financial means to do either. We sent a sketch of the kind of cabin we would like to the only highly recommended builder in the sparsely populated area around the cabin. After several phone calls, numerous emails and a lot of figuring, we decided to completely rebuild. Exciting, but scary...what were we getting ourselves into?!

I went for a two-week "working" trip in June: boxed up everything I thought we could use in our new place (kitchen faucet, lights, toilet, curtain rods, etc... plus the furniture) and moved it all into our guesthouse and the garage for storage; arranged to have our present cabin removed; spent time at Menards Home Improvement Store looking at building materials; planned a kitchen at IKEA; and met with some local contractors. Suffice it to say, it was a very busy two weeks! As there was no water or electricity at our place, I was fortunate that I could stay with my friend Karen. I got a LOT of help from my "lake family" with packing up and material evaluation; I don't know how I would have managed without their assistance.

I returned to the Netherlands and felt very satisfied with all I had accomplished only to discover that the real work was just starting. While we have a very capable builder, he is not accustomed to working as a general contractor and coordinating activities between the various tradesmen needed. We had to do a lot of coordinating from afar – thank heavens for Skype! We decided how many of various sized windows we wanted, as well as all the doors, the kitchen, bathroom vanity, shower, and a seemingly endless number of other items. I am on a first-name basis with Ryan, the millwork employee at the closest Menards, after calling him often in the fall. The best man at my parent's wedding is thrilled that we – who live so far away – love the lake enough to keep on coming back; not only did he think we should have a fireplace in our new cabin, but he gave me a very generous check to pay for it! Now I have a store that sells fireplaces on Skype speed dial as well. We ordered solid wood paneling from a contact of my brother's, and he was willing to make the mantel for the fireplace – but he needed to know what we wanted, including: exact measurements, type of wood and stain color. The list goes on....

We were very fortunate that my brother Denny was willing and able to make our building plans; there were a LOT of questions back and forth about that. My favorite one regarded the toilet in the ground floor bathroom: as the foundation slab necessitated all the plumbing being laid in exactly the right place, he needed to know, "what's the diameter and location of the toilet drain?" Since the toilet was in the stall of our garage in Minnesota, I had no way of knowing! Fortunately, I could call Karen and >> 48





## Building from a Distance (cont.)

Continued from page 47



she trekked over to our place and found the necessary measurements. She also went over to meet the Menards delivery truck with all of our windows, doors, etc.

The slab was poured on September 27, construction started three days later. After five weeks, the cabin was completely sided and roofed with the inner wall layout done as well. Amazing! While everything has gone well (Karen has regularly taken pictures of the building process and sent them to us), there have been problems, such as when I forgot to order one of the windows. Initially there was also a problem with our building permit, and I had to find someone from afar to empty and inspect our septic tank. For us, obtaining the building permit was an interesting process; the city planners want to know how close your structure is to the road, lake, well, septic tank and neighbor's lot line, but they don't care how big or high you make it as long as it's not over four stories! They initially rejected the permit since they said our lot isn't wide enough for two residences. While the lot is only 150 feet wide, it's very deep at 800 feet and our second "residence" is a guesthouse with two beds but without water or electricity. I was about to despair when the inspector asked if we couldn't just take the beds out. Apparently that would solve the problem!

As I write this, all of our outer walls are insulated, the ceilings are all in and walls are sheetrocked. Tap-

ing the seams and plastering the sheetrock will have to wait until warmer weather. The plumbing is pretty much done, the shower and water heater are in and the basic electric wiring – thanks to my brother Dave and an electrician friend – has been done and inspected. The fireplace has been installed, the mantel made, delivered and attached and the stonework around the fireplace will be put in next week. Our IKEA kitchen, bathroom sinks and cabinets will be delivered shortly and Karen has again agreed to wait at our place for the delivery and to check the order (all 158 pieces!) to make sure it is complete and undamaged. The stairway still has to be made, but we are already deciding what color to paint it. I am making curtains, and have a whopper of a "to do" list for the summer when I go to Minnesota for two months. I am already planning to buy paint on my way to my brother's from the airport. It will be a very busy summer with a lot of work to be done, but all three of our kids plus their partners and our eight-month-old granddaughter Sophie, a fifth generation "lake family" member, will be coming to help and vacation. They are all thrilled with the new cabin and can hardly wait to see it and their new rooms. Add to that the help I know we will receive from our "lake family," and I'm sure we'll be well on our way to making a wonderful new vacation cabin for ourselves. It will be our cabin, and while it hasn't really taken a whole village, I truly know that it has taken a "lake family" to make it!



## Announcements (cont.)

Continued from page 35

going to charity. Visitors are invited to watch demonstrations by rescue teams, participate in old Dutch children's games, tour boats and old fire engines, and enjoy the many colorful traditional costumes. Orchestras, bands and artists contribute to the fun. [www.vlaggetjesdag.com](http://www.vlaggetjesdag.com)

### Volvo Ocean Race Festival



The Volvo Ocean Race is a yacht race of 38,739 nautical miles (71,750 kilometers). The regatta began in October in Alicante, Spain. There are seven teams currently circumnavigating the globe with Team Brunel sailing under the Dutch flag. The final stage will go from France to Sweden with a 24-hour "pit stop" scheduled in Scheveningen. To celebrate, there will be a three-day festival from June 18 – 20 at the harbor. In addition to admiring the spectacular racing boats, there will be concerts performed by well-known Dutch bands, great food and lots of watersports. Entrance to the festival is free, but tickets are required for the evening concerts. For more info and tickets: [www.volvoceanracefestivaldenhaag.com](http://www.volvoceanracefestivaldenhaag.com)

### Open Garden Days

Each year, several Amsterdam Canal Museums organize Open Garden Days. On June 19 – 21 from 10 a.m. to 5 p.m., you will be allowed a rare glimpse into 30 canal gardens. This year's theme will be *Art in the Canal House Garden*. Tickets can be purchased at the sponsoring museums: [www.opentuinendagen.nl](http://www.opentuinendagen.nl)

### Day of Architecture

Every year in late June, the public has a chance to look inside special buildings around the country. This year's theme is *Year of the Space*, reflecting on 20 years of planning policy and what the future will hold. On June 20 – 21, there will be guided tours, exhibitions and walking tours. [www.dagvandearchitecture.nl](http://www.dagvandearchitecture.nl)

### Culinary Festival and Leiden Boat Parade

On Thursday, June 25, Leiden launches its Culinary Festival, which runs through Sunday, June 28; entrance is free for this great opportunity to try small portions from several of Leiden's best restaurants while being entertained by live music. That Friday evening, Leiden hosts its annual boat parade when 150,000 spectators will gather to watch decorated boats make their way through the

>> 54





# A Memorable Birthday Adventure

by Melissa White

When I turned 50, my family took a cruise along the Dalmatian Coast with 25 close friends. Afterwards, I had 18 months to come up with a memorable way to celebrate my husband James' 50th. Unfortunately, for much of those 18 months, I drew a complete blank on what to do. I knew that I would throw him a party that featured silly costumes (I chose togas in ode to his 40th birthday party which was planned by his sister), but I wanted to do something extra special as well. Then it hit me: we'd go for a cruise in Rotterdam on one of the most unusual boats I'd ever seen.

It turned out that James would be away on a business trip on his actual birthday, so I planned my surprise outing for the Saturday before. Without giving away what we were doing, I asked if he'd prefer to be with just

our family or if we should invite along some good friends since we could have up to eight people and it seemed like a fun activity to share. Our friends joined us at the train station with some bubbly and snacks so the party could begin right away.

When we got off the train at the Rotterdam Blaak station, James assumed that we were going to the Markthal for dinner; I assured him that we weren't doing anything that ordinary (although if you haven't been yet, I highly recommend you check it out).

As we started heading to the old port, it dawned on him what we were doing as he was with me when we first spotted the HotTug alongside Vessel 11, a British gastropub that we'd stopped in for drinks last year. Once inside the restaurant, we had some paperwork to



complete (liability forms and rental contract), and then we changed into our bathing suits.

It was a windy and chilly day in late March, so we didn't waste any time hanging around outside; we quickly climbed into the hot tub. The water was toasty warm, heated by the wood-burning stove onboard. As these photos show, the HotTug isn't a boat with a hot tub onboard, but rather a hot tub that is a boat. The inventor is Frank de Bruijn, who originally trained as a sculptor, and happens to be friends with the owners of Vessel 11.

We were given some basic instructions on how to pilot the electric boat, put more wood on the stove and lower the stovepipe for passing under low bridges. Then we were loaded up with some bubbly and set off to explore. You can imagine the stares we got when passersby saw us; we got very good at doing the queen's wave.

The only other boats we encountered were water taxis; it was nice not having to worry about boat traffic. We'd considered jumping into the canal, but the water was so cold in comparison that we quickly gave up on the idea. Two hours was the perfect length of time for cruising; it didn't feel too short nor did it end up dragging along. We laughed the entire way.

Afterwards, we made a beeline for the changing room and our dry clothes. We had booked the HotTug Package, which entitled us to a 10% discount on our meal. We were really impressed with the restaurant housed in a lightship; Vessel 11 was built in 1951 and served as a lighthouse in England until 1988. We loved the quirky design in the boat, were impressed with the attentive service, and thought the food was delicious.

Definitely a great way to celebrate!



## Unique Fun in Rotterdam

**HotTug:** To learn more about renting or even buying your very own HotTug, go to [www.hottug.nl](http://www.hottug.nl). In addition to Rotterdam, HotTugs can also be rented in Copenhagen, Surrey and Zurich.

**Vessel 11:** For great food in a quirky setting, check out this British gastropub. To view the menu or make reservations, visit [www.vessel11.nl](http://www.vessel11.nl).

**Markthal:** Opened in October 2014, this large indoor market hall is a marvelous mix of fascinating architecture, colorful artwork and tantalizing foods from around the world. [www.markthal.nl](http://www.markthal.nl)



## Announcements (cont.)

*Continued from page 51*

city's lovely canals. For further information on these two events: [www.culinairefestival.nl](http://www.culinairefestival.nl) and [www.lakenfeesten.nl](http://www.lakenfeesten.nl)

### Dutch Veterans Day

On Saturday, June 27, thousands of veterans from all over the country will descend upon The Hague to take part in Veterans Day. This event focuses on acknowledging and showing appreciation for war veterans, but also features many activities that are fun and exciting for everyone. There will be festivities at Malieveld including a parade and flyovers of many different kinds of jets, airplanes and helicopters over the Hofvijver. For further details: [www.veteranendag.nl](http://www.veteranendag.nl)

### Parkpop

One of Europe's largest free pop festivals will be held in The Hague's Zuiderpark on Sunday, June 28. For the program: [www.parkpop.nl](http://www.parkpop.nl)

### 4th of July Picnic

Come celebrate America's birthday with an old-fashioned picnic. Bring a blanket, chairs and a picnic basket or enjoy some hot dogs and hamburgers grilled by the US Marines; drinks and ice cream will also be for sale. There will be a bouncy castle and games for the kids and, of course, baseball. For information, contact

**Georgia Regnault** at [regnaultsmith@casema.nl](mailto:regnaultsmith@casema.nl).

**Sunday, July 7**

**2 – 6 p.m.**

**ABF Clubhouse adjacent to ASH**

**Ammonslaantje 1, Wassenaar**

### Tour de France in Utrecht

Utrecht will be turning yellow when it hosts the start of the Tour de France 2015. A large variety of activities are planned in the four days leading up to the Grand Départ on July 5, including the opportunity for amateurs to ride the route of the 2nd stage on June 28. For details: [www.utrecht2015.com](http://www.utrecht2015.com)

If the Tour de France gets you in the mood to go cycling, suggested day trip routes in English are available to download for free on

[www.holland-cycling.com](http://www.holland-cycling.com). The routes combine well-known tourist sites with other places of cultural, historical, natural or seasonal interest.

### North Sea Jazz Festival

The world's largest indoor jazz festival will be held at Ahoy in Rotterdam on July 10 – 12. Come groove and move to the beat of swing, bop, electronic jazz, blues, gospel, funk, soul, hip hop and Latin. Early confirmed artists include John Legend, Lionel Richie, Tony Bennett, Mary J. Blige and Alabama Shakes. For tickets: [www.northseajazz.com](http://www.northseajazz.com)

### Rotterdam Summer Carnival

Rotterdam is without limits when it hosts the Rotterdam Unlimited Festival which will immerse the city in music, dance and carnival from July 21 – 25. This colorful international program aims to appeal to a broad and culturally diverse audience. The Summer Carnival celebrates its 31st anniversary with amazing costumes and floats. The city center will be transformed into a large Latin American outdoor party with the Battle of Drums on Friday, July 24 and the Street Parade featuring over 2,500 energetic dancers on Saturday, July 25 at 1 p.m. [www.rotterdamunlimited.nl](http://www.rotterdamunlimited.nl)

### Amsterdam Gay Pride

For 20 years Amsterdam has celebrated diversity at the end of July and beginning of August each year with live music and street parties. The world's only gay Canal Parade on Saturday, August 1 at 1:30 p.m. is definitely the highlight! [www.amsterdamgaypride.nl](http://www.amsterdamgaypride.nl)



## Message from the Presidents (cont.)

*Continued from page 8*

know and help us make your wishes come true.

Every copy of *Going Dutch* we publish, every day the Clubhouse is open, every euro we give to charity, every tour or program we host, has Members that work together to make it happen. Some Members are behind the scenes and you do not see their contributions while others are visibly greeting you or guiding you. Thank you to each Member who works for our Club. For 85 years women have stepped forward and been counted to make our lives in the Netherlands better. I hope you will join me on May 9 as we celebrate our 85th anniversary. I look forward to working with you to ensure our Club keeps counting.

I am thankful to have had the opportunity to attend the FAWCO Conference (see page 22). What a presence we have in FAWCO! **Georgia Regnault**, **Celeste Brown** and **Emily van Eerten** are Counselors who serve to advise the current board; **Johanna Dishongh** is currently the Target Program Chair and has been elected to serve as 3rd Vice President; and **Mary Adams** is the FAWCO Foundation Vice President for Fundraising.

I learned that just as the AWC has been here for me to answer questions and help me navigate my expat life in Holland, FAWCO is available to answer questions and help the AWC navigate the challenges of keeping our Club relevant and exciting. I was especially touched by emotion when it was announced our Club's Development Grant in support of Stahili was chosen. Thanks to Johanna, Emily and **Michele Oliel** for their hard work!

Looking forward to a fabulous year,

*Becky*

These changes will indeed keep our Club strong and able to grow and thrive.

I personally am very proud of this accomplishment. The AWC with its American spirit, ideals and values will always remain American. Like America, it will continue to compassionately reach out to others, to embrace women who love our American traditions and who have an affinity to Americans and to the American way. The strength of the AWC is in building bridges within our own communities, with like-minded women of many nationalities, as well as continuing to reach out with our philanthropic work to our host country.

Last May our very successful AWC Hearts & Minds Gala brought in almost € 60,000. The proceeds were distributed to three local beneficiaries. Indeed, the dedicated AWC women throughout the year are busy with projects and fundraising work that will help many who are less fortunate than us.

I will look back on these two years with pride, satisfaction and fond memories. I have been privileged to meet and to work with the most interesting and amazing women. As AWC President, I have dedicated much of my time and efforts to this very special Club. I have learned, grown and made lifelong friendships.

I take this opportunity to thank my 2015 Executive Board and so many others for your support, for your encouragement and for having had the privilege to work with all of you in such a warm and amicable environment. A big thank you to all the women in the AWC who have worked so hard and have succeeded in making the Club the great organization that it is today.

With love and best wishes,

*Linda*



# Classifieds

## North Sea Chiropractic for All Your Spinal Health Needs

Chiropractic care for your whole family, specializing in general pain, pregnancy, pediatrics, sports injuries and more. The chiropractor is an AWC Member and American graduate. Most insurances cover chiropractic. Call for a free 15-minute consultation: 065 369 7739  
[chiropractienoordzee@gmail.com](mailto:chiropractienoordzee@gmail.com)  
[www.chiopractienoordzee.nl](http://www.chiopractienoordzee.nl)

## Counselling International

For professional, confidential individual counselling or coaching, relationship/couple therapy or conflict mediation. Experienced, multilingual professional Els Barkema-Sala, MPhil, MBACP. Contact 071 528 2661 for FREE initial telephone consultation or for an appointment.  
[www.counsellinginternational.com](http://www.counsellinginternational.com)

## Support Fellow AWC Members

Find links to a large variety of businesses owned by AWC  
 Members at [www.awcthehague.org/site/newcomers/business-links](http://www.awcthehague.org/site/newcomers/business-links)

The AWC is not responsible for accidents or injuries occurring at Club activities or on Club property. Sports and exercise instructors must carry their own liability insurance.

If you or someone you know has experienced domestic violence in a foreign country, contact us:

**International Toll-Free Crisis Line**  
**866USWOMEN**  
**(866-879-6636)**

When calling the crisis line from the Netherlands, first dial the AT&T operator at 0 800 022 9111

National Domestic Violence Helpline Veilig Thuis (Safe Home): 0800-2000  
 (free, 7 days per week, 24 hours per day)

Veilig Thuis: [www.vooreenveligthuis.nl](http://www.vooreenveligthuis.nl)  
 (Dutch)

They will first ask you for your location and will connect you with local services.

In case of emergency, don't hesitate to call 112!

**For help from The American Overseas Domestic Violence Crisis Center by email:**  
[crisis@866uswomen.org](mailto:crisis@866uswomen.org)



# Index of Advertisers

ACCESS  
 page 32

American Travel Center  
 page 43

Aveda Lifestyle Salon  
 Inside Cover

The British School in the Netherlands  
 Back Cover

Bulthaup Zoetermeer  
 page 13

FRITSTAXI Airport Service  
 page 27

Graafstal Optiek  
 page 19

Marcel Vermeulen Jewelry  
 page 11

Nice Home  
 Inside Cover

Petros Eyewear  
 page 11

Sissinghurst  
 page 29

St. James Church  
 page 41

Wassalon Weissenbruch  
 page 32

Your Cleaning Service  
 page 32

## Going Dutch is Available Online

Go to [www.awcthehague.org](http://www.awcthehague.org) to share the current month's issue with friends and family. You will also find links to our annual advertisers, whose support makes this magazine possible. If you visit or contact one of our advertisers, let them know *Going Dutch* sent you!

# Rates

## Classified Mini-Ads:

**Deadline:** In general, the 1st of the month prior to the month in which your ad will appear, although subject to change due to holiday schedule.

## AWC Member Rates:

	For 45 Words	For 25 Additional Words
Per Issue	€ 10	€ 5
Eight Issues	€ 70	€ 30

## Non-Member Rates:

	For 45 Words	For 25 Additional Words
Per Issue	€ 15	€ 8
Eight Issues	€ 110	€ 55

## Notice to Members Regarding eNews Distribution

A weekly electronic newsletter is sent to all AWC Members via *GroupSpaces.com*. If you have not been receiving your eNews, please contact Lynn at [awcthehague.membership@gmail.com](mailto:awcthehague.membership@gmail.com).

## How to Submit Your Ad:

Email your ad to: [goingdutchads@gmail.com](mailto:goingdutchads@gmail.com)

## Payment Information:

Please indicate the name of your ad on your payment so that we are able to match up your payment with your ad.

## By Bank Transfer:

ABN-AMRO  
 43.14.21.757  
 IBAN: NL42ABNA0431421757

## Display Ads:

For full, half, third or quarter page commercial display ads, email our magazine staff at [goingdutchads@gmail.com](mailto:goingdutchads@gmail.com)





Butterfly  
Garden



NH

Nice Home

We take care of your home



- Design and building
- Maintenance and repairs
- Refurbish, extend or decorate
- New kitchen or bathroom
- New furniture

- Buying and rental services
- Investments
- Transport and removals
- Painting services
- Cleaning services



Oudedijk 146b  
3061 AP Rotterdam  
T: 010-8180330  
M: 0611904174  
i: [www.nice-home.nl](http://www.nice-home.nl)  
@: [info@nice-home.nl](mailto:info@nice-home.nl)



# Internationally Curious

Nurturing every child's natural desire to investigate, question and inquire - developing it into a skill that will help them thrive anywhere in the world.