Going Dutch

2016
Jan - Feb

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Swiss Mist
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Let There Be Light
Women in Need TLC Dinner

American Women’s Club of The Hague
Going Dutch
January/February 2016

Pumpkins, pirates and tigers...oh my! The AWC was once again invaded by a wide range of characters celebrating Halloween.

Clearly Santa wasn’t the only satisfied shopper considering the success of the Holiday Bazaar.

The 85th & Counting Birthday Committee was on-hand to award the proceeds of the event to our chosen charities.
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AWC Purpose Statement
The AWC of The Hague is an association formed to provide social and educational activities for American women living in the Netherlands and to promote amicable relations among people of all nations as well as acquiring funds for general public interest. The association does not endeavor to make a profit.
Kids’ Halloween Party
Message from the President

by Becky Failor

As a New Year begins, I am thinking about all the ways that the AWC will make a difference in people’s lives. Of course, I cannot see the future. However, if the past is any indication, I am confident our Club will make a positive impact in 2016.

At the November General Meeting, the impact of our philanthropic fundraising was striking (see page 54). Laat Ze Maar Lachen is offered free admission for fun outings for the impoverished children they support, but they need to pay for transportation. With our funds, they will be able to take advantage of offers they have received for some upcoming special events. A colleague of my husband saw our “big check” at the Lighthouse School during a parents’ night and wrote, “People who are good at heart only can do such charity, not the rich. I really appreciate the effort by the American Women’s Club.” Hulphond Nederlands says our donation will make an impact in their therapy dog program and help hundreds of children. Our donation to the FAWCO Foundation’s Target Dog Program, Free the Girls, assists trafficking survivors to set up micro-enterprises in the second-hand clothing markets prevalent in developing countries by selling bras donated by women and industry partners in North America and Europe.

Thank you to the many who donated toiletries and Sinterklaas gifts – we could help the OASE Food Bank make an impact on those less fortunate. I was so impressed by Pamela Pruis-Bott’s enthusiasm as she gathered the gifts and prepared them for delivery. In addition, our lovely gingerbread houses brought smiles at a hospital and several care homes. The staff of the MCH Antoniushove recognized the impact our Heart Pillow Project has made over the years for their breast cancer surgery patients (see page 44). Thanks to Eileen Baker for her continued leadership of the efforts made by our Club and other local groups.

If you know a woman who needs some special care, you can recommend her to be part of our Women in Need TLC Dinner (see page 19). I am looking forward to helping with this event, which will be a lovely evening where we can let these women know they are special; by giving them an evening where they can release their cares, we can make a positive impact. Our philanthropy team is also working on a new fundraiser plan; if you want to help make a difference, email Karla Kahn at community@awcthehague.org.

Our Club is not just about philanthropy and community service. It is about getting together for fun, for support, and to relax. Thanks to hostess, Celeste Brown, our Women with Dutch Partners group is having a New Year’s Gift Swap (see page 31). Our January Kick Off (see following page) is a great time to find out how AWC will impact you this year!

I know our AWC will make a difference… …helping someone new to The Hague settle in and make friends. …being on hand at the Clubhouse on a cold winter day when you just want to have a chat. …offering a sympathetic ear to someone who is having a hard time.

I know this because the AWC has made a difference for me in all of these ways.

Looking forward to seeing you in 2016,

Becky

Spring Kick Off

by Sue Merrick

Join us as we “Kick Off” the New Year at the AWC! During our Open House format, you can drop in when it is most convenient for you. Stop by to say hello to AWC friends, old and new. Come learn about what is planned for the Spring, from the new Activities and Tours that have been organized to help get us out of the house during the cold winter, to community service and philanthropic events that will give you a chance to give back to others. By hosting both evening and daytime hours, we hope to cater to everyone’s schedules. Board Members and Committee Chairs will be on-site to answer any questions. We will provide drinks and nibbles. Looking forward to seeing you there!

February General Meeting

by Roberta Enschede

What’s more American than a cherry pie? Many of us have heard the fable of young George Washington confessing to cutting down the family cherry tree with his hatchet. Thus cherry pies are associated with Presidents’ Day. Since the US will celebrate Presidents’ Day on February 15, let’s have a cherry pie fest as part of our February General Meeting. Your pie can take any form you wish: traditional two-crust, tartlets, cherry cheesecake, cherry crumble. It might help you to know that cherries are kersen in Dutch and you can find kersen op siroop (cherries in syrup) as well as frozen cherries at Albert Heijn and other markets. Don’t worry: bringing a pie is optional.

We welcome Guest Speaker Glenn Schoen, an American born and raised in the Netherlands with a distinguished career as an international terrorism expert. Perhaps you have heard him on CNN, BBC or Dutch TV? In addition, we will be hosting a catered luncheon. Details, including cost, can be found in eNews and on GroupSpaces.
A

s I started thinking about writing this first “Ramblings” for the New Year, it crossed my mind that I don’t actually live my life according to the traditional calendar. Ever since my daughters started school, my life has revolved around the school calendar instead. Ironically, since the AWC Membership Year starts on September 1, my job as editor also closely follows the school schedule. Thus for me, January is the start of the winter term and the halfway mark for Going Dutch; September was the start of a fresh new year.

My household has undergone several major changes since my “New Year” started. In September, my husband James and I delivered Veronica, our eldest, to the University of East Anglia in Norwich, England to study Environmental Science. We spent one day exploring the charming city of Norwich and two days gathering supplies for her dorm room and shared kitchen (unlike US dorms, most UK dorms feature private rooms, but are self-catering so Veronica needed to prepare to cook for herself). There was no time for a lengthy good-bye as we were scrambling to help her unpack up until the minute we had to leave to catch our train.

Within just a few days of leaving her, we already knew that she had no regrets about her decision to turn down Northwestern University and to continue living in Europe. She enjoyed meeting the other international students during a separate orientation a few days before the British students arrived, but has since settled into mostly socializing with her “Ultimate Frisbee family” and her housemates. She keeps us posted regularly on what she’s up to (including a visit to London to participate in the Global Climate March) and sends daily photos as well as weekly customized postcards through the post. She speaks daily to her sister Ashlynn, and I smile with pride that these same two girls that bickered for years are now the closest of friends.

Unfortunately, the bickering in our home hasn’t actually gone away, it’s just that the players have shifted as Ashlynn and I try to figure out our new roles in our smaller household. After spending a surreal summer together in Tokyo, the reality of everyday life hit us both hard. She had become very used to her independence and sometimes forgets that I’m still the boss. And I forget that she’s just a normal (sometimes lazy!) teenager and maybe I shouldn’t fret so much about the mess she leaves in her wake.

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If nothing ever changed, there’d be no butterflies.
~ Anonymous

In addition, as soon as we returned to Holland, Ashlynn announced she was going vegan. Since I gave up eating mammals years ago, Ashlynn grew up eating chicken and fish. She stopped eating chicken about nine months ago and then stopped eating fish while we were in Tokyo because she didn’t want to support Japan’s horrific fishing practices; luckily she didn’t make me feel bad that I continued to eat sushi throughout our stay. Although I wasn’t too thrilled about the idea of her giving up eggs and dairy since they are so full of protein, we recently found out that she’s allergic to both. So I still make chicken sandwiches for lunch and scrambled eggs with smoked salmon and cheddar cheese on the weekends for James and me, but otherwise am learning to cook vegan dinners. Luckily Ashlynn really loves to cook, so she picks out the recipes and helps with the sauces. The adjustment hasn’t been as horrible as I thought it would be. Did you know that cashews can make a convincing substitute cheese sauce for lasagna? And my jeans are all loose after shedding a few pounds, so I can’t complain. Happy New Year!
New Membership Benefit
Your AWC Membership Card now allows you access to the Hanos Wholesale store in Delft. Hanos offers a wide range of nice wines and spirits, quality meat, poultry, fish, cheeses and so much more! When you arrive at Hanos, please go to the registration desk, show your AWC Membership Card and ask for a day pass. You are allowed to bring up to three guests with you; children are welcome as well. Payment is currently only by cash or debit card, but they hope to accept credit card payments in the future.

Hanos (www.hanos.nl)
Kleveringweg 57, Delft
Ongoing Activities

Book Club: Daytime
The AWC Book Clubs are open to all book lovers and are always open to new Members. There is no obligation to attend every meeting or lead a discussion. We take turns bringing a snack. If you’ve always wanted to try out a book club, you have two options per month. You can now register yourself for either (or both!) Book Clubs on the AWC GroupSpaces.com website. Any questions? Please email Teresa Mahoney for the daytime group or Rebecca Fry for the evening group at awcthehague.bookclub@gmail.com. Happy reading!

The January Daytime Book Club selection is *A Spool of Blue Thread* by Anne Tyler: Shortlisted for the 2015 Man Booker Prize, this novel is an insightful look at three generations of a family in Baltimore by one of America’s best storytellers.

The February Daytime Book Club selection is *My Brilliant Friend* by Elena Ferrante: This historical fiction novel is the first of a four-part series focusing on the friendship of Elena and Lila from childhood in a poor neighborhood on the outskirts of Naples to adulthood. This is also the story of a neighborhood, a city and a country as it is transformed after World War II, and yet all agreed that this novel was worth the effort. It is a beautiful and rewarding exploration of wartime perspectives provided by two unusual characters: a blind Parisian girl who spends the war in the fortified coastal town of Saint-Malo, and an orphaned German boy who escapes a life in the mines through his intelligence and natural instincts with radio equipment, only to find himself a cog in the Nazi machine. Through both characters, Anthony Doerr succeeds in evoking wonderful imagery of their restricted worlds; the light we cannot see. Recommended!

Daytime Book Club Planning Ahead: Thursday, March 24: *The Farm* by Tom Rob Smith

Evening Book Club Planning Ahead: Wednesday, March 16: *Song of the Shank* by Jeffrey Renard Allen
Wednesday, April 20: *The Harder They Come* by TC Boyle
Wednesday, May 18: *Early Warning* by Jane Smiley
Wednesday, June 8: *Amnesia* by Peter Carey

Recap of the November Discussion
All the Light We Cannot See: Those who have been in our book club for many years know how hard it is to pick up “another” World War II book, and yet all agreed that this novel was worth the effort. It is a beautiful and rewarding exploration of wartime perspectives provided by two unusual characters: a blind Parisian girl who spends the war in the fortified coastal town of Saint-Malo, and an orphaned German boy who escapes a life in the mines through his intelligence and natural instincts with radio equipment, only to find himself a cog in the Nazi machine. Through both characters, Anthony Doerr succeeds in evoking wonderful imagery of their restricted worlds; the light we cannot see. Recommended!

Book Club: Evening
The January Evening Book Club selection is *The Remains of the Day* by Kazuo Ishiguro: An elderly couple sets off on a journey in search of their son despite a mist of forgetfulness covering the land. Along the way, they are drawn toward the comfort and burden of the power of memory. This fantasy set after the reign of the legendary King Arthur is the first novel written in a decade by the Booker Prize-winning author of *The Lives of Others*. Wednesday, January 20
7:30 p.m.
Rebecca Fry’s house
FREE

The February Evening Book Club selection is *The Blazing World* by Siri Hustvedt: In order to expose the art world’s sexism, a female artist takes a gamble and conceals her gender behind three male artists. This risky quest for validation is shown from multiple perspectives through the artist’s journals, art reviews and interviews with various experts, family members and lovers. This novel explores the mysteries of the mind as well as investigates gender differences and parodies art criticism.

Wednesday, February 17
7:30 p.m.

Recap of the November Discussion
The Lives of Others: This Booker Prize-nominated novel is a provocative, challenging, informative read which will particularly appeal to history buffs and those interested in the social and political unrest in late 1960s India. The author doesn’t shy from graphic descriptions, and parts of the book may offend the sensibilities. That being said, this novel is a beautifully imagined rendering of intra-family rivalry and betrayal, and a vivid study of the dehumanizing of others in pursuit of one’s own desires.

Chat, Crafts & Cake
Let’s get creative! The AWC is open to all crafters. If you’ve been looking for an open space large enough to lay out that king-size quilt, or need more table space to organize your photo albums or scrapbooks, or just need an excuse to stitch, pack up your supplies and bring them to the Clubhouse so you can chat with fellow AWC Members while you work. You might even be able to pick up some suggestions from a fresh pair of eyes. Each week, a different Member will bring a cake made from a never-before-tried recipe for tasting and critiquing. We’re sorry, but babysitting is not available and thus we can’t accommodate children. Questions? Contact: Suzanne Dundas at awcthehague.crafts@gmail.com

Tuesday
10 a.m. – Noon
AWC Clubhouse
FREE

Cancellation Policy
Members may reserve a spot for an AWC tour, activity or event in advance. Payment is required within five business days of the reservation or before the deadline date (whichever is sooner) otherwise your name will be moved to a waitlist. It is the responsibility of the Member to notify the Club at awcthehague.finance@gmail.com to cancel a reservation prior to the cancellation deadline. Please note that there will be NO REFUNDS (no exceptions) after the cancellation deadline. Members may find a substitute in lieu of cancellation provided that arrangements are made with the tour, activity or event organizer. Members shall be held responsible for their guest reservations in accordance with this policy.
Cranium Night
Everyone is good at something and Cranium is an adult team game that gives everyone a chance to be a “game hero.” Up to four teams compete using charades, puppeteering, sculpting, drawing, word play and trivia—14 skills in all. It’s fast-paced, lively and a lot of fun. And, it’s perfect for the AWC because “the more the merrier.” We’ve designated the second Friday of each month as Cranium Night. Come alone or bring a partner, but please be on time—we’ll begin promptly. Contact Suzanne Dundas if you have any questions.

Fridays, January 15, February 12
7:30 p.m.
AWC Clubhouse
Free
www.groupspaces.com/AWCTheHague/item/999569

Dinner Club
Sign up to share dinner at home with AWC friends and spouses/partners. Kathy Tomblyn will set the dates, place couples (or individuals) randomly, and assign the hostess. Then each hostess will set a theme and guests will be asked to prepare a dish. For example, if the theme is Italian, then one person might bring antipasto, one brings bread, one brings Italian wine, etc. The hostess may choose to cook the main course or do it all, but then you might be asked to contribute some money towards the cost. It will be up to each hostess how they want to structure the meal. You may be asked to host one dinner for eight, six or four guests (depending on your space at home) and then you will be a guest at someone else’s home the next time. This is a fun way to share an evening with new AWC friends while enjoying a great dinner. No need to worry as you don’t have to be a gourmet chef! Mark your calendar for future dates: Saturdays, April 30 and July 2. Contact Kathy at kthdsgns@aol.com to join in the fun.

Saturday, January 23
Locations and Meals Vary
Sign-up deadline: January 15
www.groupspaces.com/AWCTheHague/item/991386

Heart Pillow Project
The AWC is in its 8th year of making heart-shaped pillows to support the arms of breast cancer patients in local hospitals. Each pillow is made with tender loving care, wrapped in a plastic bag tied with a beautiful bow and a message signed by a volunteer. No sewing skills are needed; just the ability to cut and stuff! What a wonderful way to meet new friends while contributing to a worthy cause. The emails we receive are so touching and show that women are linked everywhere to this terrible disease. We are proud to provide women with something not only practical, but comforting as well. If you can cut fabric, stuff fiberfill, thread a needle or tie a bow, we need you! No sign-up is necessary. For more information, contact Eileen Baker at awcthehague.heartpillow@gmail.com.

Tuesdays, January 19, February 23
Noon – 2 p.m.
AWC Clubhouse
FREE
Visitors Welcome
www.groupspaces.com/AWCTheHague/item/1022908

Out To Lunch Bunch
If you’re interested in making new friends and exploring new restaurants throughout The Hague, then this is the group for you! Rather than setting one specific day of the month, we will change our days each month in order to accommodate a variety of schedules. Once we have decided on the date and restaurant for that month, the details will be posted on the AWC Facebook Group and in eNews, and registration will open on GroupSpaces. If you have a favorite restaurant in your neighborhood you’d like to share with the group, please contact Kathy DeBest at debestjk@comcast.net.

Pilates
Pilates is a form of exercise developed by Joseph Pilates which emphasizes body development through core strength, flexibility and body awareness. Pilates works the deeper, more stabilizing muscles of the spine and the abdominal wall. Doing Pilates makes you stronger, longer and leaner. Ineke Latour, certified STOTT Pilates® Instructor and AWC Member, will teach Pilates classes at the AWC Clubhouse. You will be monitored and corrected to enjoy responsible, safe and effective Pilates training. Email Ineke to sign up for these classes and pay her directly. Bring your own towel; Ineke will supply mats and props. All levels are welcome. Participants should arrive at the Club at 10:15 a.m. so class can start promptly at 10:30 a.m.

Wednesdays
10:30 – 11:30 a.m.
€ 15 per class Members
€ 20 per class nonmembers
Min 6 / Max 10
Contact: Ineke at Latour@globalswing.com

AWC Guest Policy
Guests are welcome to participate in AWC activities and tours on a limited basis. As a nonmember, a guest is limited to attend two functions per calendar year and will be charged an additional nonmember fee. Only Members are entitled to use babysitting services.
Ongoing Activities (cont.)

Tennis League
The AWC Tennis Group plays doubles every Tuesday in Warmond. Ladies move up and down the courts according to a ladder tennis system. The emphasis is on having fun! The league is available for all levels except true beginners. If you are interested in being placed on the sub list, contact Molly Boed at mollyboed@yahoo.com.

Tuesdays (except specific holidays)
1 – 3 p.m.
Dekker Tennis Courts
Veerpolder 14, Warmond

Walkie Talksies
Taking a walk with friends is the perfect way to start your week! Join us for an energetic walk and talk. We meet in front of the Clubhouse each week and then walk to a variety of destinations between the beach, woods and city. Occasionally, we take longer walks which we announce on the AWC Facebook Group. Sign up for this group on GroupSpaces.com to get email updates or email Emily van Eerten at vanvaren@gmail.com or Greetje Engelsman at awcth Hague.newcomers@gmail.com.

Mondays
9:30 a.m.
FREE

Walky Barky
Walky Barky is the dog-version of Walkie Talksies. Join us with your pooch for walks in the woods or for some fun outings where we can bring our dogs along. We have started a closed Facebook Group which all AWC Members with dogs are invited to join: www.facebook.com/groups/walkybarky. Since we are a new group, we’d really appreciate your input on how often you’d like to join in as well as suggestions for dog-friendly places to walk.

Wassenaar Coffee & Conversation
Do you live in Wassenaar and want to get together with other AWC Members, but don’t want to journey to the Clubhouse? Or maybe you would like to go to Wassenaar for a change of pace? Here is your chance! Ramona Oswald hosts a coffee at her home in Wassenaar on the first Thursday of every month for Members and prospective Members. Ramona will provide directions to her house when you sign-up.

Thursdays, January 7, February 4
9 – 11 a.m.
Ramona's House
FREE
www.groupspaces.com/AWCTheHague/item/785299

Women in Need TLC Dinner
by Pamela Pruis-Bott

As we reflect on bountiful tables overflowing with food, gifts too many to count and fun times with family and friends that we experienced over the holidays, it’s good to pause to rejoice and be grateful. Gratitude changes the way we see the world and studies show it even adds years to our lives. I’m thankful for the many contributions the Oase Food Bank of toiletries and the gifts for the children we collected, and the way the AWC reaches out to support those less fortunate and in need.

This past year we’ve seen major devastation by natural disasters, terrorist strikes, racial violence and wars around the world. As horrendous and heartbreaking as the devastation is, it can seem far away unless it affects people we know or places we love. When these BIG events take place it can help us put our own struggles in perspective but, nonetheless, it is our own personal struggles that keep us awake at night and cause us to fear or lose heart. Trying to pay bills without enough funds, watching a loved one suffer, grieving the loss of a spouse or child, dealing with the collapse of a marriage, battling cancer or other illness, losing a job and struggling to find a new one are “tragedies” which happen very close to home. The truth is any of these hardships could befall any of us at any time. We are all vulnerable, which illustrates one of the values of our AWC community: we are there to support one another.

We want to share a bit of TLC with some women outside or inside our Club who are experiencing personal struggles and could use a hart onder de riem (heart under the belt) as the Dutch say. We want to provide an opportunity for women to put their troubles behind them for a few hours and maybe make some new friends, to support one another and make connections. Our goal for this project is to have these women walk away after a relaxing evening and see that the AWC is an organization determined to make a difference in the lives of those around us.

If you know of a woman whom you would like to participate in this uplifting and fun-filled evening, please send her name and a bit of her “story” to me by January 8 at awc thehague.philanthropy@gmail.com and the committee will send out an invitation. If you want to be involved in helping with this event, just let me know. On the night of the event itself, we need the help of six ladies. We are also looking for musicians willing to donate their services. In addition, all are welcome to help find sponsors for gifts for the guests.

Saturday, February 13
5 – 10 p.m.
AWC Clubhouse

Guests by Invitation Only
Volunteers Needed

Women in Need TLC Dinner
by Pamela Pruis-Bott

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Saturday, February 13
5 – 10 p.m.
AWC Clubhouse

Guests by Invitation Only
Volunteers Needed
Museum of Bags & Purses
This will be a “Don’t Miss” day out! The Tassen Museum, located in a lovely 17th century canal house in the heart of Amsterdam, houses the largest purse and bag collection in the world with over 5,000 items. The tour of this extensive collection will take us through the history and evolution of the handbag from the utilitarian Middle Ages to present-day high fashion. Our private tour of the museum will be followed by a delicious Stijlkammer Lunch of soup, quiche and étagères filled with a variety of sandwiches, savories and sweets, along with coffee, tea or juice to be served in a period room dating from the Dutch Golden Age. After lunch, we’ll have a little more time to explore on our own. Truly a perfect way to spend a cold winter afternoon.

We will meet at Den Haag Central Station (DHCS) to train and tram to the museum (meeting time still to be determined). You just may find something utterly charming, the award-winning museum gift shop where you may want to have a few extra euros to spend in (meeting time still to be determined). You can’t live without. Grab your favorite handbag whimsically fun or stunningly stylish that you want to explore on our own. Truly a perfect way to spend a cold winter afternoon.

Chocolate Making Workshop
The chocolatier will take us into a world of chocolate by teaching us the practical basics in a two-hour workshop. We will start with a cup of coffee or tea. We will be given an explanation about the different types of chocolate and a chance to try some. Then we will learn how to temper the chocolate and start making our own. You will be a chocolate expert by the time you are finished. Just in time for Valentine’s Day!

Lean In: What (If Anything) Can We Learn From It?
After Facebook COO Sheryl Sandberg gave a TEDTalk in 2010 on the ways women are held back and the way women hold themselves back, viewers responded on masse with their own stories of struggle and success, both personal and professional. The overwhelming response inspired Sheryl to write Lean In: Women, Work and the Will to Lead. The book challenges us to change the conversation about what women can do and can’t do, and serves as a rallying cry for women to work together to create a more equal world. AWC Member Celeste Brown will facilitate a group discussion on the Lean In premise. You should read the book before coming in order to participate actively in one of the two discussions. These promise to be lively discussions with no right or wrong answers. The book has its fair share of lovers and detractors, so let’s see what AWC Members think!

Sligro Tour
Do you miss shopping in warehouse stores like Costco or Sam’s Club? Sligro is the Dutch answer to shopping for all your needs from small appliances to groceries and household staples. The staff at the newly renovated Sligro Forepark are excited to show us their beautiful, sustainable store, highlighting each area with tastings along the way: fish and meat markets, cheese market, in-house bakery, spices, international area and much more. Although Sligro Forepark can be reached by public transportation, carpooling from the Clubhouse is also an option. The fee for this activity will be donated to one of the AWC charities.

7th Annual Chili Cook-Off
It’s time for the 7th Annual AWC Chili Cook-Off! This is serious business as contenders vie for the coveted award of the Best Chili in the AWC. If you think you have the best chili in town, “bring it on!” This is one tasty event you won’t want to miss. If you’re interested in being a contestant, just let us know mighty quickly (please note that the contestant gets in quickly (please note that the contestant gets in
Teamwork Makes the Dream Work
The two-day 2015 AWC Holiday Bazaar held in November was a wonderful celebration of both past traditions and new concepts. With the majority of this year’s Holiday Bazaar Committee being new AWC Members, there was a sharing of fresh ideas from other fairs from both here and abroad. Some of the new ideas were implemented and we certainly hope that everyone who joined us at the Bazaar enjoyed the result as much as we did!

This year we offered a separate Children’s Market, creating a little more energy in the Children’s Area. The vendors who had participated in past years, actually saw an increase in their total sales, and with this extra space we were able to offer 44 vendors in total this year. In addition, we wanted to offer a wider variety of gift-giving items with more emphasis on handmade items similar to the popular seasonal Christmas markets offered throughout Europe. The feedback that we have received has been overwhelmingly positive, and for this we are very grateful. Change is definitely more work than keeping things status quo, and to see a good result has been very rewarding for us.

As with any event, it takes many volunteers committing time, energy and a smiling “can do” attitude to make the event a fun experience for all, and we would like to thank each and every person who worked hard to make it such a huge success – but alas it would be impossible to name everyone! However, there were some star performers....

A huge thank you to our Holiday Bazaar Committee Members. Valerie Norton organized a brilliant raffle display and sold a massive amount of tickets. Jan Essad and Rebecca Niles-Pourier coordinated and organized a stunning Bake Sale, along with the various AWC Members who baked a dizzying selection of yummy goodies to be sold – even Santa Claus was seen snacking! We especially wanted to bring to life the Children’s Area, and with Anita Deal at the helm, along with her “elves” – student volunteers from the International School of The Hague and British School in The Netherlands – we had more children this year than ever. Vendor Perfect Pastry offered a cupcake decorating class for children, and Anita and the students helped children gift wrap socks and write cards for the Syrian refugees. We also are very appreciative for the advice and guidance of Karla Kahn, our Board liaison, who attended all the meetings, helped design a community outreach flier and so much more. You all made the planning and coordinating of this event so much fun for the both of us, and we very much appreciate your time and energy.

Prior to the event we relied heavily on Julie Otten, Teresa Mahoney and Melissa White for assistance with website promotion and also in our magazine Going Dutch. We also would like to thank Laurie Martecchini for coordinating our many AWC volunteers who helped out on Saturday and Sunday. We never could have done it without you all! To our Finance team – Jan de Vries, Teresa Insalaco and Rebecca Wood – and their crew, a huge thank you for handling all the details and transactions so smoothly. Thank you to Johanna Dishongh and the AWC Crafts Group for coming in early to make sure Santa’s festive chair was ready for his arrival. And, a HUGE thank you to Santa Claus for making his annual appearance, both Saturday AND Sunday – we know what a busy guy he is this time of year!

A heartfelt thank you to AWC President Becky Failor, who was present both Saturday and Sunday from early in the morning until late, helping and supporting wherever was needed.

We also would be remiss if we did not acknowledge the true professionalism of the Carlton Ambassador Hotel staff; they were truly wonderful in dealing with all of our change requests.

We are most grateful to our families who supported our countless hours of time away, and who came and supported the overall effort of the entire American Women’s Club in The Hague at the Holiday Bazaar. It is with a warm heart that we know all of our and your hard work will go to support the charitable efforts of the AWC. Our teamwork will make the dream work! Thank you one and all.
Holiday Bazaar Volunteers

Eileen Baker
Donna Baxter
Beverly Bennett
Ellen Bolick
Amber Broughton
Silvia Calles
Susan Cave
Siska Datema-Kool

Bronia Ichel
Teresa Insalaco
Karla Kahn
Karla Kavanaugh
Naomi Keip
Elizabeth Kennedy
Ellen Koup
Cynthia Lardner

Kathy DeBest
Jan de Vries
Johanna Dishongh
Suzanne Dundas
Sarah Dunn
Jan Essad
Becky Failor
Rebecca Fry

24 GOING DUTCH
more Holiday Bazaar Volunteers

Ineke Latour
Suzanne MacNeil
Laurie Martechnini
Sunita Menon
Sue Merrick
Rebecca Niles-Pourier
Valerie Norton
Michelle Oliel
Jan Pritchard

Pam Pruijs
Georgia Regnault
Jessie Rodell
Lynne Roukema
Vesna Southwick
Melanie Stringfellow
Marilyn Tinsay
Kathy Tomblyn
Amy van der Drift

Janet van der Laan
Yoka van der Louw
Gabrielle van der Winden
Emily van Eerten
Jo van Kalveen
Saskia Wenge
Melissa White
Rebecca Wood

26 GOING DUTCH
### January 2016

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<tr>
<th>Sunday</th>
<th>Monday</th>
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<td></td>
<td></td>
<td><strong>1</strong> Happy New Year <strong>Clubhouse Closed til January 4</strong></td>
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<td><strong>Walkie Talkies 9:30 a.m.</strong></td>
<td><strong>Chat, Crafts ‘n Cake 10 a.m.</strong></td>
<td><strong>Pilates 10:15 a.m.</strong></td>
<td><strong>Wassenaar Coffee and Conversation 9 a.m. WWDP New Year Gift Swap 6:30 p.m.</strong></td>
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<td>10</td>
<td><strong>Greeting Card Making with Jaimie Keppel-Molenaar 3 p.m.</strong></td>
<td><strong>Chat, Crafts ‘n Cake 10 a.m.</strong></td>
<td><strong>Pilates 10:15 a.m.</strong></td>
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<td>11</td>
<td><strong>Walkie Talkies 9:30 a.m.</strong></td>
<td><strong>Chat, Crafts ‘n Cake 10 a.m.</strong></td>
<td><strong>Pilates 10:15 a.m.</strong></td>
<td><strong>Tour of Museum of Bags and Purses 9:30 a.m.</strong></td>
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<td>18</td>
<td><strong>Walkie Talkies 9:30 a.m.</strong></td>
<td><strong>Chat, Crafts ‘n Cake 10 a.m.</strong></td>
<td><strong>Pilates 10:15 a.m.</strong></td>
<td><strong>Spring Kick-Off Evening 6 p.m. Evening Book Club 7:30 p.m.</strong></td>
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<td>25</td>
<td><strong>Walkie Talkies 9:30 a.m.</strong></td>
<td><strong>Chat, Crafts ‘n Cake 10 a.m.</strong></td>
<td><strong>Pilates 10:15 a.m.</strong></td>
<td><strong>Daytime Book Club 10 a.m.</strong></td>
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<td>31</td>
<td><strong>Feel At Home in The Hague Fair 11 a.m. Martin Luther King Jr. Tribute and Dinner 5:30 p.m.</strong></td>
<td><strong>Chat, Crafts ‘n Cake 10 a.m.</strong></td>
<td><strong>Pilates 10:15 a.m.</strong></td>
<td><strong>Tour of Fashion and Food 11 a.m.</strong></td>
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### February 2016

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<td><strong>Walkie Talkies 9:30 a.m.</strong></td>
<td><strong>Chat, Crafts ‘n Cake 10 a.m.</strong></td>
<td><strong>Pilates 10:15 a.m.</strong></td>
<td><strong>Wassenaar Coffee and Conversation 9 a.m. WW Board Meeting 10:30 a.m.</strong></td>
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<td>7</td>
<td><strong>Greeting Card Making with Jaimie Keppel-Molenaar 3 p.m.</strong></td>
<td><strong>Chat, Crafts ‘n Cake 10 a.m.</strong></td>
<td><strong>Fresh Flower Arranging Workshop 10 a.m. Pilates 10:15 a.m.</strong></td>
<td><strong>Coffee 10 a.m. General Meeting 10:30 a.m.</strong></td>
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<tr>
<td>14</td>
<td><strong>Walkie Talkies 9:30 a.m.</strong></td>
<td><strong>Chat, Crafts ‘n Cake 10 a.m.</strong></td>
<td><strong>Dutch Products Class 10 a.m. Pilates 10:15 a.m.</strong></td>
<td><strong>“Lean In”: What Can We Learn From It? 1 p.m. “Lean In”: What Can We Learn From It? 7:30 p.m.</strong></td>
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<tr>
<td>21</td>
<td><strong>Walkie Talkies 9:30 a.m.</strong></td>
<td><strong>Chat, Crafts ‘n Cake 10 a.m.</strong></td>
<td><strong>Siglo Tour 10 a.m. Pilates 10:15 a.m.</strong></td>
<td><strong>Daytime Book Club 10 a.m.</strong></td>
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<tr>
<td>28</td>
<td><strong>Walkie Talkies 9:30 a.m.</strong></td>
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<td><strong>Can’t Wait for Spring! Mar 3 - 8: Iceland Luxury Adventure Mar 10: Helping Handbags Auction May 25: Tour of Royal Stables</strong></td>
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**Clubhouse Closed til January 4**
Helping Handbags Auction
Can we get PURSEonal? Admit it. Don’t you have a handbag in your closet that you’ve never used? Maybe the color or the size is wrong? You stashed it in the back of your closet because it was too nice to toss, but it has never seen the light of day. Now is the time for your bag to come out of the closet and do some good. Now is the time to clean out your closets and set aside gently used or never used handbags for our Helping Handbags Auction. One of those mistakes can be a perfect find for someone else!

When you have found a bag (or bags) that you would like to donate to the auction, please bring it to the AWC Clubhouse. Just before the auction, all the bags will be displayed so everyone can see what gorgeous bags will be available for bidding.

Helping Handbags Auction helps to raise money to support the programs of The FAWCO Foundation (www.fawcofoundation.org). Come show your philanthropic heart during our special and exciting fundraiser.

Thursday, March 10
Noon
AWC Clubhouse
FREE

WWDP New Year Gift Swap
Oh, no! There’s no WWDP Dames’ Christmas Party this year! BUT we can’t let our holiday fun go by completely.

So, what is a New Year Gift Swap? Everyone gets a Christmas gift during the holiday season that isn’t exactly the gift of your dreams (we’ve heard the tales during past WWDP events!), so this is your chance to rewrap it and “regift” it in a fun way. Everyone is asked to bring one wrapped gift that will be redistributed in a unique way with your WWDP compatriots.

Dinner will be “hearty appetizers” so in addition to your gift, you are asked to bring something for the food buffet. Any appetizer you love to make and serve will be appreciated. Come share the fun!

Wednesday January 6
6:30 p.m. until?
Celeste Brown’s home in Oegstgeest
www.groupspaces.com/AWCTheHague/item/1017197
Welcome Back
Another year already. Where did the last one go? Is it a new beginning or just a repeat of the old, with bombings, police raids and people going off to join illicit groups abroad? Obviously, only time will tell. In this first article of the New Year, I’m choosing to look at the bright side of life, and report on positive things that happened at the end of last year and which may have gone unnoticed in the midst of shocking tales of inhuman acts.

Gemeentemuseum Awarded Prize
The prestigious US Thea (Themed Entertainment) Award for outstanding achievement was granted to The Hague Municipal Museum for its “Wonderkamers” (Wonder Rooms). These 13 rooms are located in the basement, with each room devoted to a particular theme such as art, fashion, architecture, music, etc. The rooms surround an open space in which items are displayed from various collections of the museum, grouped solely by color and motif. Visitors are invited to look as well as touch items and explore ways in which they can be used. The judges said, “The blend of art, storytelling, themed environments and gaming elements makes Wonder Rooms unique within the world of art museums.” The response of Museum Director Benno Tempel? With these rooms, children no longer find the museum boring. The rooms were also appreciated by adults.

Environment Prize
The UN Environment Program has bestowed on Paul Polman, Unilever CEO, the award “Champion of the Earth” for 2015, in recognition of his contribution to responsible business. Unilever has a Sustainable Living Plan, which uncouples growth from environmental degradation and increases its positive social impact. Mr. Polman has been closely involved in worldwide discussions on tackling climate change.

For Her Protection
The Philips Innovation Award went to the Dutch start-up Pearltect for developing a bracelet to protect women from sexual violence. The inspiration for this bracelet comes from – brace yourself – skunks. Fortunately, the bracelet emits its smell only when activated by its wearer. The bracelet then also emits a DNA marker that remains on the clothing and body of any attacker, making that person easy to identify.

Urban Skyscraper Farm
A 12,900 square foot (1,200 square meter) greenhouse is currently being constructed on the roof of the former Philips Telecommunications Factory on Televiestraat in The Hague. Referred to as the “Times Square of Urban Farming,” this greenhouse will be the largest city farm in Europe. It is expected that 42 tons of tomatoes, herbs and lettuce will be produced per year. In the floor below, there will be a 3,975 square foot (370 square meter) basin in which tilapia fish will be grown; this is projected to produce 14 tons of fish per year. The plants up above will be fed by the water from the fish basin, which will be free of pesticides or antibiotics. It is anticipated that sales of the fish and the vegetables will start in April. The farm will also dedicate 2,700 square feet (250 square meters) for events and tours.

The Dutch Light Up Los Angeles
Los Angeles will be the first city in the world to have street lighting that allows each light to be individually controlled. The installation of a Philips system makes this possible, using mobile and cloud-based technology that is not only energy-saving but also requires less light bulb maintenance.

New Option for Breast Reconstruction
With more than 400 surgeons from throughout the world looking on, Dutch plastic surgeon Stefania Tuinder from Maastricht University Medical Center carried out a six-hour, new type of microsurgical breast reconstruction at New York University Hospital, aided by three teams with whom she had never before worked. This feat took place within the framework of “The Future is Today,” the conference at which she received an innovation award. Dr. Tuinder’s alternate reconstruction operation uses fat from the upper leg instead of the traditional lower stomach region to form the new breast(s). This is particularly relevant for women who are thin or have scarring from previous abdominal surgery. Another important advantage of this reconstruction is the restoration of feeling in the breast.

End with a Smile
The city of Delft is also the scene of one of my favorite stories from the past year, namely the tale of the stupid thieves. Last spring, as the owner of a caravan was busy cleaning his mobile property, he realized that the caravan was actually underway. Quickly he phoned the police to tell them of his plight, as well as the license plate number of the car that was taking him away. He also shone his flashlight on the car’s mirror, after which the thieves hurriedly stopped, unhooked the caravan and sped away on the freeway. Shortly thereafter, the perpetrators were located and arrested in Leiden. Moral of the story? Keep your hands off other people’s property.
Announcements

Amsterdam Fashion Week
The 23rd edition of FashionWeek Amsterdam takes place from January 8 – 18 as the main fashion event in the Benelux for fashion designers, commercial labels, well-established brands and upcoming talents showcasing their Autumn/Winter 2016 collections on the catwalk. A creative and artistic program with crossovers into other disciplines including film, dance and music will be presented over a period of ten days at a variety of cultural locations.

DFAS Art Lecture Romans in the Netherlands
For around 450 years – 55 BC to 410 AD – the southern part of the Netherlands was integrated into the Roman Empire. Pliny the Elder, a citizen of Rome, wrote about our “wet land and raw climate.” The Romans had an enormous influence on all who lived here at that time, and since then. Diana is the name of the Roman goddess of the hunt. When lecturer Diana de Wild learned the meaning of her name, she became interested in antiquity at an early age. She studied archeology at the University of Leiden. Non-DFAS member fee is € 12. www.dfas.nl

Tuesday, January 12
Doors open at 7:30 p.m. Lecture begins at 8 p.m. Cultural Centrum Warenar Kerkstraat 75, Wassenaar

International Literature Festival
Writers Unlimited, an annual international literature festival connecting over 60 authors, poets and musicians from all over the world with each other and with audiences, will take place on January 14 – 17 in The Hague. The theme of the 21st edition is “Hello Darkness,” going in search of the face of evil: light and dark, serious and silly, big themes or the human dimension. There are programs in English as well as Dutch. International guests include: Jung Chang (China), Neel Mukherjee (India), Mircea Cartarescu (Romania) and Karl Ove Knausgard (Norway). For more information, go to www.writersunlimited.nl

Rotterdam International Film Festival
The 45th edition of International Film Festival Rotterdam (IFFR) takes place from January 27 – February 7. One of the largest audience and industry-driven film festivals in the world, IFFR offers a line-up of carefully selected fiction and documentary feature films, short films and media art from 60 countries. www.filmfestivalrotterdam.com

Looking for Discounted Books?
The Book Festival is a free consumer fair with more than one million discounted new books in English and Dutch from January 28 – 31. The hall is as large as a football field with long rows of tables dividing the books into categories. There is also a large selection of hobby and craft items. The Ahoy in Rotterdam is easily accessible by public transportation. www.boekenfestijn.com

Feel at Home in The Hague Fair
Whether you are new to The Hague and its surrounding area or have lived here for a while, you shouldn’t miss the biggest international community event in the region. There will be an International Food Court and more than 200 exhibitors providing information on every aspect of life in and around The Hague as well as shows and displays from local attractions, schools, theater groups, musicians and sports teams celebrating everything The Hague region has to offer. Be sure to stop by the AWC table. Free tickets are offered online in advance: www.feelathomeinthehague.com/registration

Sunday, January 31
11 a.m. – 5 p.m.
Den Haag Stadhuis Spui 70, Den Haag www.feelathomeinthehague.com

Grab Your Skates
Winter is here and in addition to the chance of skating on natural ice, there are several outdoor rinks that have been set up around The Hague. If you’re lucky, you may see the annual tradition of “kustloop” (coastal run) taking place on the beaches. The seaside resort of Scheveningen offers ice skating in front of the Kurhaus through January 17 (www.cooleventscheveningen.com). At Leidsenhage, the large shopping center with free parking in Leidschendam, the large rink is open daily until 10 p.m. through February 28. This rink is occasionally closed for private parties, so be sure to check the calendar before heading there so the kids won’t be disappointed (www.iceparadise.nl).

Chinese New Year Festival
Each year, The Hague hosts an annual Chinese New Year Festival typically kicking off in the Stadhuis (City Hall) with the traditional Dragon and Lion Dance followed by a parade. Ongoing activities for all ages then continue in the English of City Hall and around Chinatown with acrobatic, tai-chi and dance demonstrations, and an arts and culture market to celebrate the Year of the Monkey. This event is still provisional, but the festivities should occur around Saturday, February 6. For the full schedule, go to www.chinesecultuur.nl

43rd ABN AMRO World Tennis Tournament
Over 100,000 spectators are expected at this annual indoor tennis tournament from February 8 – 14 at the Ahoy Rotterdam. Roger Federer will return this year to Rotterdam. The event offers men’s singles, men’s doubles and the World Wheelchair Tennis Tournament. Ladies’ Day will be on Tuesday, February 9 featuring tennis of the very highest standards and fashion shows with the latest tennis trends. Tickets for Kids’ Day on Wednesday, February 10 can only be purchased through the Ahoy Box Office. For more information, go to: www.abnamrowtt.com
**Announcements (cont.)**

**DFAS Art Lecture**

*The World of Ottoman Art*

Lecturer Jane Angelini specializes in the cultures of the Mediterranean world—Classical, Byzantine, Islamic—as well as that of Russia. She has a Master’s Degree in Byzantine & Early Russian Art and Architecture. She will share with us glazed Iznik ceramics, Turkish carpets, sumptuous silks, turbans, and kaftans, all embellished with luscious floral and vegetal patterns. She will also show delightful miniature court paintings so full of frankness, vitality and vigor. Non-DFAS member fee is €12. [www.dfas.nl](http://www.dfas.nl)

**Tuesday, February 9**

**Doors open at 7:30 p.m.**

**Lecture begins at 8 p.m.**

**Cultural Centrum Warenar**

**Kerkstraat 75, Wassenaar**

**Art Fair in Rotterdam**

The 17th edition of Art Rotterdam, an international art fair for contemporary modern art, takes place from February 11 – 15 in the Van Nelle Factory. This factory produced tobacco, coffee and tea from 1930 to 1995. It is an iconic example of the Modern Movement in the Netherlands and has been nominated for inclusion on the UNESCO World Heritage List. This is an excellent opportunity to visit this unique site in addition to browsing around an art fair known for discovering up-and-coming talent. Discounted tickets are available online: [www.artrotterdam.com](http://www.artrotterdam.com)

**Blues Festival Delft**

Delft is home to the Netherlands’ biggest indoor blues event on February 12 – 13. More than 50 Dutch and foreign bands perform at more than 30 cafés and restaurants throughout the city during this free festival. If you love Chicago and Texas blues, blues rock and acoustic Delta blues, you’ll feel right at home. To see the program, visit: [www.delftblues.nl](http://www.delftblues.nl)

**Cycling and Hiking Fair**

The biggest fair for cyclists and hikers in Europe with close to 500 exhibitors will take place on February 20 – 21 at the Jaarbeurs in Utrecht. If you are interested in cycling and walking holidays, routes, accommodations, bicycles and outdoor equipment, this is an event not to miss. In the Children’s Pavilion, your kids will find a climbing wall, children’s bicycle test track, face painting and a treasure hunt. Free entrance for children under 12. Discounted tickets are available online: [www.fietsenwandelbeurs.nl](http://www.fietsenwandelbeurs.nl)

**AWCA Winter Gala**

*by Seanette Meserole*

The AWCA of Amsterdam cordially invites the Members of the AWCA The Hague to its Winter Gala…

The American Women’s Club of Amsterdam will celebrate *“Starry Night”* The AWCA Winter Gala at the historic Renaissance Hotel Koepelkerk. It will be a fabulous event complete with dinner and dancing to benefit two charities: Women Win ([www.womenwin.org](http://www.womenwin.org)) and Free the Girls ([www.freethegirls.org](http://www.freethegirls.org)). You will be welcomed with a glass of bubbly and dine on a delicious three-course menu created just for us by the Renaissance Hotel’s Executive Chef. The ticket price also includes entry to the luxury silent auction and dancing with a DJ until the early morning hours.

Questions? For RSVP questions, please contact rsvpgala@awca.nl. For payment questions, please contact treasurer@awca.nl.

“Starry Night” The AWCA Winter Gala

Renaissance Hotel Koepelkerk

Kattengat 1, Amsterdam

Saturday, February 6

7 p.m. – 2 a.m.

Black Tie Optional

€ 85 per person

Cancellation deadline: January 28

[www.awca.nl/gala2016rsvp](http://www.awca.nl/gala2016rsvp)

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| Rotterdam Airport: | From €35 |

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*For Shell people we drive with Shell rules*
Martin Luther King, Jr. Tribute and Dinner
by Roberta Enschede

Sunday, January 31 at 5:30 p.m.
Hotel Den Haag – Wassenaar
Zijdweg 54, Wassenaar (off the A-44 at the bridge)
Dinner € 30 (Children under 12 € 15)
Reservations: oarinl@yahoo.com

When one thinks about the Civil Rights Movement, there are no words. A people who were enslaved and freed and then forced to live in segregation or de facto segregation said we can be free, we must be free, but the force we use will be “Soul Force.” Dr. Martin Luther King, Jr. led that movement and the hundreds of thousands who followed him, shared his belief in non-violence and his love and commitment to the United States of America and the dignity of people everywhere.

He did something so American when America is at its best, its most principled and idealistic. He asked, – in fact, he forced – the nation to begin living out “the true meaning of the Dream” articulated in the Declaration of Independence: “We hold these truths to be self evident, that all men are created equal.”

Though he was assassinated on a spring evening in Memphis, on April 4, 1968, the movement he led still inspires and challenges the way we live and what we teach our children.

Four days after his death, Rep. John Conyers called for the creation of a national holiday honoring Dr. King. In 1983, President Reagan signed legislation designating the third Monday of January as Martin Luther King, Jr. Day. The first commemoration in the US was in 1986. Here in The Hague, we have held a Tribute to Dr. King every year.

Over the years many people who were part of the Civil Rights Movement have joined us. This year, once more. Reverend Harcourt Klinefelter and Lois Mothershed Pot will share their thoughts and memories. Reverend Klinefelter worked for Dr. King for three years, until his death. After he finished his studies at Yale Theological Seminary, he went down South to find Dr. King and became his Public Relations Director. He used to sit in the kitchen with Dr. King and his wife Coretta.

Lois Mothershed Pot grew up in Little Rock, Arkansas. Her “baby” sister Thelma Mothershed was one of the “Little Rock Nine,” the young kids who were able to integrate Central High School only after the intervention of President Eisenhower and the National Guard.

Lois was the first African-American President of the National Christian Students Union and the first Black student at her university.

We hope you will take the time to bring your children to this Tribute to Dr. King. Jazz singer Priscilla Nokoe from The Hague Conservatory will sing songs of the Civil Rights Movement: Let Us Break Bread Together, Oh Freedom and other songs that inspired Dr. King. Jimmy Yarnell, Steve Galloway and another Chicago trombonist will play jazz; Steve played with the Count Basie Orchestra and in the Operation Breadbasket Orchestra, which performed benefits for Dr. King in Chicago in the 1960s. As always, young people, the “Bearers of the Torch” will speak.

Finally, Timothy Broas, the US Ambassador to the Netherlands, will read the President’s Proclamation for Martin Luther King, Jr. Day and share his own thoughts and feelings.

So much has changed since Dr. King, and all those who first marched with him, “sat-in” and went to jail with him, demanding the rights guaranteed to every American – indeed every human being. However, we know that today there is still much to be done. Given the events of the last few months, it is more evident and urgent than ever!

Black Lives Matter
Statistics documenting the deaths of young black men and boys remain disproportionate. This year, as we know, thousands of people are asking: How did we come to this? We have an African-American President and racism is once again on the rise. According to a recent CNN Poll, roughly half of all Americans – 49% – say racism is a “big problem” in society today. Four years ago, only slightly more than a quarter of Americans described racism that same way. Twenty years ago in 1995, 41% of Americans said racism was a “big problem.” Racism is higher now than anytime in recent years. Given such facts, some even question why we have a holiday for Dr. King as they contend that “nothing has changed.” Certainly things have changed, but if there was ever a time we need this holiday, it is now.

It is fitting that the motto of Martin Luther King, Jr. Day is a Day of Service: Make This a Day On, Not a Day Off! And by making each day a day on, the words of the anthem of the Civil Rights Movement will become reality, “We can and we shall overcome some day.”

Join us for a simple dinner, the kind Dr. King would have enjoyed. Listen to people who were there; listen to the singing and the music and wisdom of the young.

Guest speaker to be announced. Look for additional details in eNews.

Sponsored by:
OAR ~ Overseas Americans Remember
Anneke Beeuwkes, Roberta Enschede, Michele Fiszbajn, Tove McGrew and Jessie Rodell
Further information: Roberta Enschede 070 511 8409 or robertaenschede@yahoo.com
As you may know, FAWCO (of which the AWC is a Member) has an Environmental Task Force. The goal of this group of women is to inform Members on relevant environmental issues in order to increase awareness, as well as to help individuals take positive actions. Working together for the good of the environment!

I, Anne, am a co-chair of this group, and one of our new Members is previous AWC Board Member, Deb Reagan. Deb, working at Harvard on an advanced degree in Environmental Studies, contributed the following great information on something found in all of our homes – light bulbs – and how we can use them to save money and energy!

Let There Be Light
Today we flip a switch (or push a button) to flood our space with light. For most of our lives, we didn’t think about what type of light bulb to purchase for our homes because we didn’t have many choices. That changed in the 1980s when compact fluorescent bulbs (CFLs) entered the market. It is changing again as incandescent bulbs are phased out in (CFLs) entered the market. It is changing the 1980s when compact fluorescent bulbs didn’t have many choices. That changed in bulb to purchase for our homes because we didn’t think about what type of light lives, we didn’t think about what type of light bulb.

Lighting Terms
Watts: Watts is not an indication of how bright a bulb is. It is a power term; i.e. how much energy is used over a period of time (joules/second). As the wattage increases, the amount of money in your wallet decreases.

Lumens: Lumens is a measure of the amount of light emitted. The chart below is a basic guide to choosing a replacement bulb using lumens.

<table>
<thead>
<tr>
<th>Power Type</th>
<th>Watts</th>
<th>Lumens</th>
</tr>
</thead>
<tbody>
<tr>
<td>Incandescent</td>
<td>60</td>
<td>820</td>
</tr>
<tr>
<td>CFL</td>
<td>13</td>
<td>820</td>
</tr>
<tr>
<td>LED</td>
<td>7</td>
<td>820</td>
</tr>
</tbody>
</table>

Color Temperature: This is confusing as color temperature has nothing to do with how much heat is given off by the bulb. The “warm” or “soft light” bulbs (~2700K) are the most similar to the light from an incandescent while the “bright daylight” (~5000K) is similar to the lighting found in commercial applications.

Lighting Efficiency: This is important but is not on all information labels. It is a measure of how many lumens you get for every watt of power used by the bulb (lm/W). The higher the number the more efficient the bulb.

Bulb Features
Incandescent bulbs are not a long-term option. They are by far the least efficient and most expensive bulb to operate. The lighting efficiency of CFLs and LEDs is almost identical. Therefore, it is important to consider other factors in selecting your preferred bulb. Here are a few things to consider:

Cost: LEDs are currently more expensive than CFLs. Consider the case of replacing an existing 60-watt incandescent bulb. A non-dimmable LED bulb costs approximately €4.50 and a high quality, dimmable bulb costs around €9.00. A CFL costs approximately €2.50.

Longevity: LEDs are rated to last longer than CFLs. An average lifetime for a CFL is approximately 10,000 hours. LEDs can be rated to last as long as 50,000 hours but most are rated in the 20,000- to 25,000-hour range. An incandescent bulb lasts around 1,000 hours.

Hazardous Materials: CFLs contain small amounts of mercury and should NEVER be thrown in the trash. LEDs do not contain any mercury and may be disposed of in the regular garbage in the US (you should check the requirements in your location).

Heat: CFLs generate more heat than LEDs. LEDs also generate heat, but it is sent to a heat sink in the base of the bulb. You won’t burn yourself touching an LED bulb. The drawback to this design is that you should not place LEDs in enclosed fixtures unless the bulb is specifically rated for this purpose.

Don’t want your investment burning out early because it overheated.

Color: Both LEDs and CFLs come in a range of color temperatures now.

Size/Appearance: LED bulbs do a better job of fitting into existing fixtures than CFLs. They are now available in a wider range of bulb configurations, including two pin and GU bases.

Dimmer Compatible: You must check the package fine print for both LEDs and CFLs. If it does not state that the bulb can be used with standard dimmers, you should assume that the bulb is incompatible.

Three-way Capability: Both LEDs and CFLs are available in three-way configurations.

Instant Start: LED bulbs produce full light within one second of startup. CFLs require anywhere from 30 seconds to 3 minutes to reach full illumination. CFLs also use a lot of power during the first two minutes. If you have a fixture that is turned on and off frequently, or is only turned on for less than two minutes, the LED is the better choice.

Portability: You can take your CFL and LED light bulbs with you when you move anywhere from 30 seconds to 3 minutes. If you are moving somewhere that uses the same type of power. CFL and LED light bulbs purchased in the US, Canada or any other country using 120V, 60Hz power will not work in countries using 220-240V, 50Hz and vice versa.

Cost Savings
You will pay more for an energy efficient light bulb, but you will not have to replace it as often. You will certainly pay less for electricity. Here is an example that shows >> 42
Let There Be Light (cont.)

Continued from page 41

Replacement Strategies
It can be daunting to replace every bulb in your home, especially when considering the upfront cost of LEDs. Here are a few tips for getting the quickest return on your investment:

- Prioritize those fixtures that you use the most. For example, kitchen, bathroom and reading lamps are strong candidates for bulb replacement. The bulb in the guest room closet would be much lower on the list.
- Replace high wattage bulbs before low wattage bulbs.
- Don’t spend the extra money on dimmable or three-way bulbs unless you really need those functions.
- Shop around for your light bulbs. IKEA is my favorite place to purchase basic, budget LED bulbs. All IKEA bulbs will be LED by 2016, and they carry those unusual bulb bases that you need to use in many European light fixtures. It is always important to read the fine print, though, as not all of their bulbs are dimmable or suitable for use in enclosed fixtures.
- If you purchase bulbs online, make sure you are buying from a reputable seller. Poor quality control in manufacturing the semiconductor materials in an LED bulb is the primary reason why cheap bulbs quickly become dim, experience color shift or fail completely.

I hope this gives you the tools to brighten your home without lightening your wallet too much. Remember, the most environmentally-friendly light bulb is the one that is turned off!

Iceland Luxury Adventure
Join us as we explore Reykjavik, Iceland, and the surrounding countryside to see waterfalls, glaciers, volcanoes, spas and the Northern Lights (if we’re lucky). Pack your bag with your winter coat, swimsuit, and good camera for this amazing five-night small group luxury tour of Iceland’s natural wonders. We will be traveling in style to areas where tour buses can’t reach because we’ll be in our own custom four-wheel drive SUV with private driver/guide and staying in different hotels along the way. So exciting!

Our package will include: Airfare with airport transfers, five nights of double occupancy accommodation with breakfast, private driver/guide for four days, entrance fees to spas including the infamous Blue Lagoon, and gratuities.

Not included: Massages or treatments at spas, afternoon or evening meals, and optional activities such as snowmobiling, horseback riding or ATV rides.

Thursday, March 3 – Tuesday, March 8
€ 1,998 Members or Spouses
€ 2,075 nonmembers
Single Supplement: € 310

RSVP for all tours directly on AWC GroupSpaces.com. Direct any questions to awcthehague.tours@gmail.com.

Payment for all tours must be made within 5 calendar days of reserving or your name will be moved to a waitlist. Payment can be made in the Front Office by PIN or by bank transfer to the AWC account NL42ABNA0431421757.

Tours
by Seanette Meserole

Let There Be Light (cont.)

Continued from page 41

how much you save when you replace an incandescent 60W bulb with an equivalent, dimmable energy efficient LED.

Assumptions (all costs are converted to USD):
Use: 3 hours/day
Bulb power use: Incandescent 60W, LED 9.5W
Average cost of electricity: USA $0.11/kWh, EU $0.25/kWh
Cost of bulb: Incandescent $0.88, LED (Cree, high quality dimmable) $9.00
Bulb life: Incandescent 1 year, LED 20 years

The critical point to take away from this exercise is that the LED bulb pays for itself in less than two years. You will buy a new incandescent every 1 to 1.5 years, but one LED lasts for approximately 20 years and uses much less electricity during every one of those years.

<table>
<thead>
<tr>
<th>60W incandescent</th>
<th>9.5W LED replacement</th>
</tr>
</thead>
<tbody>
<tr>
<td>Year 1 USA</td>
<td>8.11</td>
</tr>
<tr>
<td>Year 1 EU</td>
<td>17.11</td>
</tr>
<tr>
<td>Year 2 USA</td>
<td>8.11</td>
</tr>
<tr>
<td>Year 2 EU</td>
<td>17.11</td>
</tr>
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<td>Cost of bulb: Incandescent $0.88, LED (Cree, high quality dimmable) $9.00</td>
<td></td>
</tr>
<tr>
<td>Bulb life: Incandescent 1 year, LED 20 years</td>
<td></td>
</tr>
</tbody>
</table>

For more information, please take a look at the following sites:
- The History of the Light Bulb: [www.energy.gov/articles/history-light-bulb](http://www.energy.gov/articles/history-light-bulb)
Over the last 8 years, the AWC has provided over 2,000 heart-shaped pillows to local hospitals for breast cancer patients recovering from surgery. It is a part of our community spirit, and we ask nothing in return.

On October 29, the Breast Cancer Team at MCH Antoniushove in conjunction with Bronovo Hospital hosted a wonderful High Tea to thank the volunteers who have lovingly stitched and stuffed heart-shaped expressions of love and comfort. We were all truly humbled by the outpouring of support and gratitude from the doctors and nurses. It takes a committed team of dedicated volunteers to keep a project alive. Our reward is knowing that we are comforting someone battling a terrible disease who might otherwise feel alone and scared.
Swiss Mist
by Mary Adams

I say “Switzerland,” and I bet dozens of words pop into your mind: bank accounts, watches, army knives, road tax stickers, chocolate, neutrality, fondue, Alps, muesli, cheese, wines, Heidi, cowbells, francs, Klee, Einstein, Red Cross...and many more. Until this visit, I considered Switzerland to be a small country comprised completely of tunnels. Every time I have been en route to somewhere and crossed the Swiss border, it has been 5 minutes of green hills followed by 20 miles of tunnels. After the last tunnel, I’ve crossed the border into another country and Switzerland has evaporated into travel dust.

I’d like to pause here and consider the naming of places. Most cities and country names are recognizable in every language. There are certainly exceptions leftover from history and literal translations, such as the Dutch calling Austria Oostenrijk (East Kingdom) and the French referring to the Netherlands as Le Pays Bas (The Low Country). Were you ever curious about why Switzerland’s national abbreviation is CH?

The Helvetians decided to migrate en masse to Gaul (present-day France, but then under Roman control). A war ensued and the Helvetians were contained and forced to stay put.

Fast forward a few centuries. In 1848, this loose confederation of Germans, French, Italians and Romansh peoples decided to form a republic. They wrote a constitution and had to pick an official name for the new republic. They decided on a neutral language (the start of a national political adjective) and voted in the old Roman name of Helvetica. The new republic was dubbed Confederationis Helveticae or CH for short. If the Swiss officially call themselves the Helvetians, why does everyone else call them “the Swiss?”

Because Schwyz was the name of one of the earliest Swiss cantons or provinces, and Switzerland became a commonplace name for the entire country.

I also discovered that the typeface Helvetica was indeed created by the Swiss type foundry Haas in the 1950s. Some additional online research revealed, “Helvetica typeface was ripped off by Microsoft and renamed Arial. Apple has their own knockoff of the Helvetica font, appropriately named Geneva.”

All history aside, my main reason for going to Switzerland was to ski in the Alps. First destination: Lake Thun (pronounced toon). The lake takes its name from the nearby city of Thun. Note another language trickery that twisted my brain. In Dutch, the word for lake is meer (pronounced mere) and the word for sea is see (pronounced zay). However, the German word for lake is see (pronounced say) and the word for sea is meer. Arrgh – so the Thunersee signs pointed us towards a deep blue, freshwater lake fed by the Aare River. As an avid crossword puzzler, I was delighted to find geographic evidence of this fuzzy clue: Swiss lake of four letters with a “double a” beginning.

I had rented an apartment from an English woman who also owned a B&B in the Cotswolds in the UK. The apartment was situated in the tiny town of Krattingen. She had sent me a set of driving directions that I had been too busy to read until I was in the car. After driving for about seven hours, Lake Thun was in sight and we were eager to arrive at the B&B. I opened the folder. Oh my, the directions were definitely written by a woman. Everything was a visual marker. No road designations – such as exit 18 off the A6 and set GPS to this address. In fact, there was no street name or address! What she had written was, “With a lovely view of lake Thun on your left hand side, slow down as the turn to the property is the first turn after the sign Krattingen.” I spied a small white sign that said Krattingen and I yelled, “Turn here!” Jerry proceeded straight ahead. I looked at him with a certain annoyance that I feel after seven hours in the car together. “That was a driveway,” he calmly replied. So we kept going. Soon we were at the end of town. “Listen to me and go back to the sign and we will be there!” I shouted. So we went all the way back to the beginning and, indeed, it was a driveway. So we tried again. No luck.

We decided to start at the absolute beginning and drove all the way out of town. As we slowly approached the Krattingen sign, I noticed that there was a second sign behind the first: Welcome to Krattingen. I saw a narrow road going down the mountain. I tapped Jerry’s shoulder and continued to read, “Take a left turn and stay left-handed when the lane forks ignoring the first sharp turn on to a car park but below that past the rubbish containers and on to the car park where you can leave your car on the space marked with a small no. 6.” Yes, eventually we found it! After getting out of the car, I read, “Go past the letterboxes (having collected your key from the compartment under the letterbox..."
marked Holiday Flat) and down the longish stairs towards the front door, which is always locked.” So here is the end of the treasure hunt. Our flat was the lower left. The Swiss mist behind the house emanates either from Lake Thun or the foggy mind of the English owner.

We unloaded the car and discovered that the flat was indeed a little treasure and worth the hunt. Nice layout and modern fittings and kitchen and perched on the cliffs with a great view of the lake. Shortly afterwards, in true Swiss fashion, the housekeeper rang the bell and apprised us for tourist taxes. Thus relieved of baggage and francs, I made a hearty winter soup in the kitchen while Jerry, my personal technology guru, rigged up the iTV, the portable speakers, logged into the Wi-Fi, and made the flat Apple-friendly.

The next morning, Jerry wanted to explore the ski sites in the Jungfrau region. So we hoisted ourselves from the breakfast table and headed for the hills… oops, I mean to say Alps.

Grindelwald is a tiny ski town chiseled out of the Eiger north face bordered by the Oberer and Untere Glaciers. Here one main street served hotels, restaurants, shops and chalets under the magnificent Wetterhorn peak. I was amazed at the layers of snow that had formed on top of the roofs; I called them snow blankets. Later I asked the hotel manager for two nice cuppas. I found the microwave and decided to emulate one of my Dad’s best practices of cooking bacon. I loaded a plate with bacon wrapped in newspaper and set the dial. When I heard the ding and opened the door – I was met by flames. I was agog! Frozen on the spot. After observing and opened the door – I was met by flames. I was amazed at the layers of snow that had formed on top of the roofs; I called them snow blankets. Later I asked the hotel manager for two nice cuppas. I found the microwave and decided to emulate one of my Dad’s best practices of cooking bacon. I loaded a plate with bacon wrapped in newspaper and set the dial. When I heard the ding and opened the door – I was met by flames. I was agog! Frozen on the spot. After observing

Grindelwald left a negative impression that idiot who had managed to find free parking. Grendelwald left a negative impression that he just could not shake the rest of the trip. He absolutely refused to return.

Our journey continued, passing through Interlachen and on to Lake Brienz. Sorry readers, but here I must pause again and ask a silly linguistic question. If Germans call lakes see, then why isn’t the city name Intersee? The next town is called Untersee (beneath the lake). OK, let’s just proceed to the lake. I was unprepared for the dazzling turquoise color. The color of the water in Lake Thun is a very dark blue compared to this almost Caribbean hue. After rounding the lakes, we drove back to the Krattingen flat.

The next morning, I was eager to cook a hot breakfast. We navigated the coffee capsule machine for two nice cups. I found the microwave and decided to emulate one of my Dad’s best practices of cooking bacon. I loaded a plate with bacon wrapped in newspaper and set the dial. When I heard the ding and opened the door – I was met by flames. I was agog! Frozen on the spot. After observing my cooking methods for a year, Jerry bought a fire-retardant blanket and extinguisher for our kitchen at home, but we had neglected to bring them. Now here I was yelling “FIRE!” at the top of my lungs. Jerry bounded around the corner, pushed me aside and managed to put out the flames. I am happy to say that Jerry not only saved the day – he saved my bacon.

As I pondered peaks and gods, Jerry was searching for lifts and parking. He was getting very frustrated because all the parking was metered. The Dutchness in his soul refused to believe that there wasn’t a free lot somewhere in the area and he was on a mission to find it. The writer in my soul drifted off to Beowulf.

If Germans call lakes see, then why isn’t the city name Intersee?

Support Those Who Support Us

by Becky Failor

The 2015 Holiday Bazaar was a big success, raising nearly €10,000. I want to thank again the great team lead by Ginny Mees and Barbara Bremer.

I also want to thank all the vendors who have contributed their time and energy to this year’s as well as past successful Holiday Bazaars. The best way we can thank these vendors is to continue to do business with them throughout the year.

Going Dutch Advertisers

Three of our long-time Going Dutch advertisers were at the Holiday Bazaar. The advertisers in Going Dutch enable us to send you this beautiful magazine each month:

American Travel Center: travel4U@americantravelcenter.net or www.americantravelcenter.net (see page 43)
FritsTaxi: +31 62 239 5536, fritstaxi@msn.com or www.fritstaxi.nl (see page 37)
Marcel Vermeulen Jeweler: Prinsestraat 5, Den Haag, info@marcelvermeulen.com or www.marcelvermeulen.com (see page 11)

Going Dutch Advertisers

Local Shops and Services

A number of the vendors at the Holiday Bazaar have shops that you can visit throughout the year:

ASPA: Spa and beauty salon, Alexanderplein 2, Den Haag, www.aspadirect.nl
Gransjean: Delicatessen, bread and wine shop, Binnenstraat 12, Den Haag, www.gransjean.nl

La Mesa Koken & Tafelen: Cooking and table setting shop, Renkenstraat 30, Den Haag, www.lamesa.nl
A Tour of Fashion and Food

Two interesting exhibits opened during the autumn in the Gemeentemuseum in The Hague and we will have guided tours through them both! For those interested, we can have lunch at the museum café (at own expense) following the tours.

Ode to Dutch Fashion

Famous names such as Viktor & Rolf, Iris van Herpen and Jan Taminiau have put Holland on the map in regard to fashion. Did you know that next to the Met in New York, the Louvre in Paris and the V&A in London, the Gemeentemuseum has one of the most important fashion collections in the world? Never before has such a major exhibition showcasing the history of Dutch fashion been presented in the Netherlands.

The first fashion designers to work under their own name in the Netherlands, like Joan Praetorius in the 1920s, followed the lead of the Dutch designers, who put conceptual Dutch design firmly on the international map in the 1990s. Anyone who saw King Willem-Alexander’s coronation cannot fail to recall the dazzling blue creation – a Jan Taminiau design – worn by Queen Máxima. Join us for a guided tour through this exhibit featuring more than 100 creations from the history of fashion in the Netherlands from 1900 to 2015.

Dutch Dining: Four Centuries of Table Settings

Eating is an essential part of life. And as soon as people sit down to eat together, dining becomes a social activity with connotations of communication, display and social status. Fine dining is a form of sensory seduction. It operates not only via the taste buds, but also via the visual appeal of the food and table setting. Beautiful porcelain and silverware, glittering crystal, fine damask and extravagant table ornaments all have a part to play. This exhibition uses a spectacular display of complete table settings, complemented by drawings, paintings and liversies, to bring the history of formal dining among the Netherlands’ wealthy elite, ruling class and royal house to vivid life. An exclusive peek inside the Noordeinde Palace. Stars of the show are two complete table services on loan from the collection of the Dutch Royal House.

Wednesday, January 27
11:15 a.m. – 12:45 p.m.
Gemeentemuseum
Stadhouderslaan 41, The Hague
€ 10 Members (€ 12.50 nonmembers)
PLUS Museum Entrance Fee (€ 13.50 or free with Museumkaart)
Minimum 15 / Maximum 20
Cancellation deadline: January 15
www.groupspaces.com/AWCTheHague/item/1018855

RSVP for all Arts Activities directly on AWC GroupSpaces.com.
Direct any questions to jechoy@me.com

Announcements (cont.)

A 3-D Tour of The Hague

The Panorama Mesdag is featuring a unique collection of stereo photographs (pictures where two pictures are taken from a different viewpoint and viewed together through a special viewer) through March 6 essentially creating a 3-D walk through historic Scheveningen and The Hague. You will get an impression of Holland as Hendrik Willem Mesdag would have seen it in the late 19th century: the chic international city life of The Hague as well as the poverty of the people of Scheveningen. www.panorama-mesdag.nl

- Tour of the Royal Stables

The Royal Stables are responsible for preparing and providing all transport for the Royal Family. In the past this was just horses and carriages, but now the Stables also deal with cars, trains and aircraft. The best known of their carriages is the Golden Coach (De Gouden Koets), which was a present from the people of Amsterdam to Queen Wilhelmina on her ascension to the throne at the age of 18 in 1898.

The Golden Coach is made of timber, which is covered with a layer of gold leaf. The pictures on the coach depict many allegorical symbols. The Golden Coach is used only once per year on Prinsjesdag, the opening of Parliament on the third Tuesday in September. Join us for an exclusive visit to this heritage-listed site in The Hague that is not normally open to the public. Tickets for AWC Members will be available on January 21; any remaining tickets become available on February 1 for purchase for guests. Please bring a valid ID with you.

Member Privacy

Please be reminded that the AWC Membership List is for AWC Member reference only and use of this information in any communication other than AWC official business is strictly prohibited. Members may not share the list with anyone other than another AWC Member in good standing and never to any third party.

The AWC takes care to protect Member information and adherence to this policy is critical to maintain Member privacy. Members are asked to report suspected misuse of the list to any AWC Board Member.
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For professional, confidential individual counselling or coaching, relationship/couple therapy or conflict mediation. Experienced, multilingual professional Els Barkema-Sala, MPhil, MBACP.
Contact 071 528 2661 for FREE initial telephone consultation or for an appointment.
www.counsellinginternational.com

Here’s Holland
by AWC Honorary Member Sheila Gazaleh-Weevers
The “must have” guide to the good life and to living in Holland. Packed with information, tips for trips, contact addresses and invaluable advice for newcomers as well as “old hands” and their visitors. Available from bookshops, also AWC Front Office at discounted price.

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Regarding eNews Distribution
A weekly electronic newsletter is sent to all AWC Members via GroupSpaces.com. If you have not been receiving your eNews, please contact Lynn at awcthehague.membership@gmail.com.

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Find links to a large variety of businesses owned by AWC Members at www.awcthehague.org/site/newcomers/business-links

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Back Cover

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For 45 Words For 25 Additional Words
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